

NAPsaC Board of Directors Minutes
Zoom Videoconference
November 18, 2018
5:00-6:30 pm (PDT)

Officers:

President – Robin Deutsch (APsaA)
Vice-President – Drew Tillotson (PINC)
Secretary – Caron Harrang (NPSI)
Treasurer – Sandra Borden (APsaA)

Directors:

Lee Jaffe (APsaA)
Louis Brunet (Canadian Psychoanalytic Society)
Judith Felton and Paula Ellman (Contemporary Freudian Society)
Randi Wirth and Joan Hoffenberg (Institute for Psychoanalytic Training and Research)
Kenichiro Okano (Japanese Psychoanalytic Society)
Tak Yoo Hong (Korean Psychoanalytic Society Study Group/non-voting)
Beth Kalish and Terry McBride (Los Angeles Institute and Society for Psychoanalytic Study)
Caron Harrang and Maxine Nelson (Northwestern Psychoanalytic Society and Institute)
Andrea Kahn and Leigh Tobias (Psychoanalytic Center of California)
Johanna Boyce (Vermont Study Group/non-voting)
Maureen Murphy and Drew Tillotson (Psychoanalytic Institute of Northern California)
Yu-hua Clare Lin (Taiwan Study Group/non-voting)

Absent: Paula Ellman, Judy Felton, Joan Hoffenberg, Kenichiro Okano, and Yu-hua Clare Lin

I. Welcome: Robin Deutsch reporting.

II. Organization Report – CIPS President Terry McBride reporting.

Terry McBride presented a synopsis of the CIPS history and current culture (Appendix A). This is the second in a series of reports by NAPsaC member society or organization per suggestion from Intra-Regional Collaboration Task Force (Maureen Murphy, Chair).

Robin asked if member societies pay dues or if members do individually. Terry said, each member pays \$50/year to their local society, who pays CIPS dues in one sum annually. Membership in CIPS is mandatory; that is, members cannot be a member of CFS, IPTAR, LAISPS, NPSI, PCC or PINC and elect not to belong to CIPS.

Action: Paula Ellman was absent from this meeting and will present on the Contemporary Freudian Society (CPS) at our annual face-to-face in New York on Saturday, February 9, 2019.

III. September, 2018 Minutes: Caron Harrang reporting.

Minutes for the September 16, 2018 board meeting were approved as amended by unanimous vote of the Board.

Randi Wirth (IPTAR) announced that Joan Hoffenberg has stepped down from the Board and is being replaced by Steve Ellman beginning at the face-to-face meeting in February. Steve has

been added to the Board listserv and was sent the agenda and supporting documentation for this meeting to help orient him to our current work together.

IV. Treasurer's Report: Sandra Borden reporting.

Sandra reported that NAPsaC has \$15,806.19 in checking. We do not (yet) have a savings account or funds for allocating to this type of account. Our contribution to the eJournal for 2018 (\$8,500 or 1/3 of \$25,000) has been paid, leaving us with approximately \$7,500. Due to this being a minimum amount needed to avoid bank charges, it is likely that we will incur extra expense in monthly bank fees until we receive member dues in 2019.

We are initiating a Zoom videoconference account at a 50% discounted rate through an organization called Tech Soup for an amazingly low \$72 for the first year. This will allow us to host Board meetings, committee meetings, and potentially to offer study groups through our own account.

V. Current Business

1. Identifying a Program Committee Chair – All Directors reporting.

It's hard to find someone to take on leadership when our local Societies are straining in terms of succession and leadership. Current Program Committee members are Maureen Murphy, Leigh Tobias, Drew Tillotson, Johanna Boyce, and Meryl Elman.

Former Chair Drew Tillotson is following through on projects he initiated including the NAPsaC Clinical Workshop at APsaA's winter meeting in New York (February 9, 2019) and another at the IPA in London (July 2019).

Action: Directors are asked to continue the search for someone to serve as Acting Chair of this important committee.

2. Update on NAPsaC Task Force on Intra-Regional Collaboration – Maureen Murphy reporting.

Intra-Regional Collaboration Task Force: Maureen Murphy (Chair), Johanna Boyce, Louis Brunet, Lee Jaffe, and Maxine Nelson.

Maureen reported that the task force met in October to discuss the pros and cons of restructuring using the September minutes which identified themes in our discussion on this topic (see September 2018 Board Meeting Minutes). Arguments in favor of restructuring are that all independent societies are now members of the Confederation of Independent Psychoanalytic Societies (CIPS). However, this is offset by it unbalancing CIPS to force a reduction in representation when all societies are participating and contributing at a significant level. Notably, CPS, CIPS (Independent Societies) and APsaA operate under different administrative models. Proportional to membership, APsaA and CPS are underrepresented on the board and might beneficially add a director or directors. Directors agreed that NAPsaC has only recently evolved into a functional non-profit since 2012 when we established bylaws and became incorporated.

Several directors noted that it might strengthen NAPsaC if the Presidency rotated from APsaA to CPS to one of the Independent Societies (CIPS), rather than alphabetically through each member Society. One director suggested that primary directors only attend board meetings and that the alternate attend only when the primary director is unavailable. Another director suggested that

we might change our bylaws to create one-year elect positions for officers (President-elect; Vice-President-elect; Secretary-elect; Treasurer-elect).

Action: The Task Force will meet and draft a proposal(s) regarding restructuring for the Board to discuss and possibly vote on at the face-to-face meeting in New York.

3. E-journal – Louis Brunet and Randi Worth reporting.

At a recent eJournal meeting in Latin America, FEPAL reported that the organization is struggling financially due in part to currency fluctuations. NAPsaC's budget is also strapped due to minimal revenue from dues (\$5 per member annually). The three regional federations plus the IPA each pay \$25,000 per year, or \$100,000 total, to fund the eJournal. In North America, APsaA (regional association) and NAPsaC (regional federation) share the bill with APsaA paying 2/3 or \$16,500 and NAPsaC paying 1/3 or \$8,500. There have been different ideas discussed about changing this formula if or when there is consensus amongst member societies about a dues increase.

In light of these difficulties and a desire to continue the journal, the eJournal Board agreed to consider reducing their budget by decreasing the number of issues published per year. The mission of the eJournal is to raise awareness of psychoanalysis and the value of analytic treatment to the general public. Directors wondered about the impact of the eJournal in terms of readership and how it is being marketed. Robin Deutsch indicated that these statistics are available and were discussed at the most recent Regional Federation Presidents meeting in Peru. Directors asked to see the data.

Action: Robin will collect data on how much it is read as well as how it is promoted to the general public and send to Directors prior to the February board meeting.

4. Report on NAPsaC membership criteria and mission statement—Louis Brunet and Randi Wirth reporting.

Louis and Randi reviewed the conclusions and recommendations of their written report as follows:

In view of IPA policies, and of other regional organizations practices, we suggest that NAPsaC may “invite” Study Groups and Provisional Societies to join NAPsaC and that these groups:

- Be accepted as a non-voting “invited organization” rather than as a member organization.
- Be invited to attend scientific activities organized by NAPsaC.
- Be invited as an observer (one representative) to attend annual face-to-face Board meetings, unless a confidential or political topic would make their attendance inappropriate.
- Be listed as an “invited organization (non-voting)” on the NAPsaC website.
- That their status be revoked if it is revoked by the IPA.
- That they can become regular members when their IPA status becomes a Component Society.

Directors suggested that non-voting status for study groups be indicated at the bottom of the list on the website rather than as a descriptor of each study group.

Action: Louis will check on our voting system and we will vote on these recommendations at the face-to-face in February.

5. NAPsaC Website Update – Drew Tillotson reporting.

Redesign of the website is progressing and the new website should be launched by January 2019.

6. Board Policies and Procedures – Caron Harrang reporting.

Directors voted to approve the following Board of Directors listserv policy drafted by Caron Harrang:

Directors on the NAPsaC Board listserv may post information from their local society or association regarding upcoming psychoanalytic continuing education events open to candidates and/or full members throughout the North American Region. Directors agree to share promotional materials with candidates and/or full members in their local society or association listservs. The NAPsaC Board listserv email is napsacboard@googlegroups.com.

7. Public Policy – Caron Harrang reporting.

Psychoanalytic organizations have taken positions on public policy that pertains to mental health (e.g. the traumatic effects of separating young children from parents at the US/Mexico border). In thinking about whether to become signatories with other non-profit mental health organizations on issues that affect mental health and wellbeing, it is clear that NAPsaC can contribute to the regional discourse. However, in order to do so we need a policy approved by our members to guide our actions. There are two questions Directors need to answer in order to move forward: 1) Should NAPsaC develop a policy regarding comments on public/governmental/world events? 2) Should we establish a Task Force to develop guidelines?

Directors suggested we might post member societies' public policy statements on the NAPsaC website. This could be an interim step in advance of NAPsaC developing its own public policy committee. Not yet having someone to chair the Program Committee, directors felt it is premature to try and form another committee.

Action: Discussion of posting member public policy statements will be continued at the February face-to-face board meeting.

VI. New Business

1. Regional Presidents Meeting (Lima, Peru) – Robin Deutsch reporting.

Robin reported that she will attend another Presidents meeting in New York on Friday, February 8, 2019 during APsaA where a revised budget will be decided. The policy of regions plus the IPA continuing to pay equal shares will continue. It is hoped that the total annual budget may be reduced from \$100,000 to a yet-to-be identified lesser amount would make it possible for regional federations to continue supporting the eJournal.

Action: Robin will report at our Saturday, February 9 Board meeting on the outcome of the eJournal meeting with budget implications for all of the regional federations, including NAPsaC.

2. Administrative support for NAPsaC – Robin Deutsch reporting.

Robin has asked IPA Executive Director Paul Crake if the IPA can provide pro bono administrative support to NAPsaC ExCom (e.g. three hours weekly).

Action: Robin will report on the IPA response to her request at the next board meeting.

VII. The next face-to-face board meeting is scheduled for Saturday, February 9, 2019 from 9:45 am to 1:15 pm Eastern Time. The meeting will be at the Midtown Hilton at 1335 6th Ave, New York, NY 10019. Exact location will be sent to Directors closer to the event.

Appendix A

THE CONFEDERATION OF INDEPENDENT PSYCHOANALYTIC SOCIETIES REPORT on CIPS to THE NAPsaC BOARD

November 18, 2018

By Terrence McBride, CIPS President

CIPS was founded in the early 1990's by representatives of the four original independent societies who had been given provisional membership status in the IPA. They were the New York Freudian Society, now known as CFS, and the Institute for Psychoanalytic Training and Research (IPTAR) in New York City, and the Los Angeles Institute and Society for Psychoanalytic Studies (LAISPS) and the Psychoanalytic Center for Psychoanalysis (PCC) in Los Angeles. They had all applied for IPA membership following the settlement of the lawsuit against the IPA and APsaA for restricting non-medical mental health professionals from obtaining formal psychoanalytic training, and were now in the process of being admitted as full members of the IPA. Once that was achieved, they became direct members of the IPA along with the other societies in the European and Latin American Regions.

CIPS was established as a national alternative to APsaA. Their purpose was to represent the independent psychoanalytic societies in the U.S. to the IPA, to regional, national and local psychoanalytic organizations and to the public in matters pertaining to training standards, public policies in regard to health care and patient privacy rights, the promotion of psychoanalysis and the provision for intellectual and clinical professional development, among others.

The structure of CIPS provides an alternative to that of APsaA in that it is a bottom-up organization in which a two-thirds majority of the component societies is required for the Board to implement any fundamental change in organization, policy, or other factors affecting the collective good of its members. Any structural change must be approved by a majority of the component member societies which is very different from the top-down structure of APsaA which determines the majority of the procedures which its component societies must follow. In addition to the four original founding societies, the Northwest Psychoanalytic Society and Institute in Seattle (NPSI), Washington and the Psychoanalytic Institute of Northern California in San Francisco (PINC), have subsequently joined CIPS. CFS had left CIPS for a number of years from the 1990's to the 2000's, but the consolidation of all of the independent societies in the U.S. into CIPS came about when CFS rejoined in 2015.

The CIPS Board consists of the President, the Vice President, the Past President or President-Elect, the Treasurer, the Recording Secretary and 2 Directors from each component society representing their group. The Board oversees the overall functioning of CIPS as well as all of its activities which affect its membership at large. It has a website, www.cipsusa.org, which offers information about its mission, governance, scholarly life and other programs for the membership accessibility.

Among the programs that CIPS offers to its membership is the biennial clinical conference which has in recent years been offered in collaboration with NAPsaC. The conference alternates between the east coast and the west coast which features a Friday evening panel presentation and discussion drawing from prominent psychoanalysts from both groups, followed by small group case presentations and discussion on Saturday. The next conference will take place on May 3rd and 4th, 2019 in New York City, venue and program so be announced.

Other programs that CIPS offers include a teleconference series of courses offered by member experts on a variety of topics, a book series, called the Boundaries of Psychoanalysis, which provides the opportunity for members to author or edit books to be published by Routledge, the CIPS Certification in Psychoanalysis program through which members may become certified for the purpose of satisfying the requirement for certification of faculty members in order for their Institute to become accredited, as well as a referral resource.

In addition to supporting the professional and clinical development of its members, CIPS has a strong commitment to activism in the service of the professional welfare of its members, as well as the public welfare, in terms of the protection of patient privacy rights and other professional interests through programs of public information and political advocacy. As such CIPS supports the work of the Psychoanalytic Consortium, and is a member of the Coalition for Patient Privacy rights and the Mental Health Liaison Group.

CIPS has become an important organization in the local, national and international psychoanalytic community in which it has a significant voice in the dialogue regarding discussions about procedures, standards and decisions that affect training of candidates as well as the needs and interests of professional psychoanalysts.

