

NAPsaC Board of Directors Meeting Minutes  
March 19, 2017

Officers:

Chair – Lee Jaffe (APsaA)  
Co-Chair – Drew Tillotson (PINC)  
Secretary – Caron Harrang (NPSI)  
Treasurer – Sandra Borden (APsaA)

Directors:

Lee Jaffe and Harriet Wolfe (APsaA)  
Louis Brunet (Canadian Psychoanalytic Society)  
Judith Felton and Paula Ellman (Contemporary Freudian Society)  
Randi Wirth and Phyllis Sloate (interim) (Institute for Psychoanalytic Training and Research)  
Kenichiro Okano (Japanese Psychoanalytic Society)  
Tak Yoo Hong (Korean Psychoanalytic Society)  
Beth Kalish and Terry McBride (Los Angeles Institute and Society for Psychoanalytic Study)  
Caron Harrang and Maxine Nelson (Northwestern Psychoanalytic Society and Institute)  
Andrea Kahn and Leigh Tobias (Psychoanalytic Center of California)  
Maureen Murphy and Drew Tillotson (Psychoanalytic Institute of Northern California)  
Yuhua Clare Lin (Taiwan Study Group/non-voting)  
Judith Lewis (Vermont Study Group/non-voting)

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Absent: Judith Fenton, Tak Yoo Hong, Yu-hua Clare Lin, Kenichiro Okano  
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The meeting (Zoom videoconference) was called at 3:00 pm Pacific/6:00 pm Eastern Time.

**I. January Face-to-Face Minutes**

The January minutes were reviewed and unanimously approved as edited, with some clarifications by Harriet Wolfe.

**II. Treasurer's Report**

Sandra Borden reported that we have \$22,296.23 in checking. Six of nine member organizations have paid annual dues (\$5 per member) with revenue totaling \$9,870.00. Additional revenue from the remaining member organizations is approximately \$3,000.

**Action:** Sandra will email directors her financial report showing revenue and expenses since 2013 with budget and actual revenue and expense summaries.

### III. Current Business

#### 1. Changing Board Officers

Lee Jaffe reported that key leadership positions in the EPF and FEPAL are titled President and a Vice-President. Currently, the officers of NAPsaC are titled Chair and Co-Chair. To increase recognition of NAPsaC as one of currently three psychoanalytic world regions (Asia being the fourth and part of NAPsaC until it is ready to become its own region), Lee asked if we want to adopt a parallel naming structure? That is, do we want to change the titles of Chair and Co-Chair to President and Vice President?

Directors discussed that voting on this issue involved a change to our Bylaws, requiring a 2/3 vote of the Board. Several directors suggested it would be valuable for NAPsaC to move toward voting for officers and the Board, even as the Chair and Co-Chair rotate in alphabetical order throughout the membership (e.g. after PINC the next rotation came to APsaA). Directors agreed that this is a complex issue that needs to be taken up by a Task Force with recommendations to the Board on how to proceed. The Board decided to defer the question of the use of the term Chair or President so the Task Force can consider it as part of their deliberations.

**Action:** Lee will appoint a Director to Chair a Leadership Task Force to address leadership titles and appointment versus election of officers and Board Directors. The Task Force will convene and make recommendations to the Board at a future meeting regarding terminology and allowing the membership to vote for Officers and Directors.

#### 2. Expanding Active Involvement of NAPsaC Members

##### a. Updating Outreach and Events (on the website)

Lee Jaffe talked about the goal of engaging not only Directors, but also NAPsaC members in the work of committees as they form. As a means of engaging our membership, we need to create procedures for making the website more functional and usable. Instead of launching and producing large conferences, as is done by the EPF and FEPAL, we should focus on continuing to inter-digitize our events by co-sponsoring meetings or conferences with existing psychoanalytic organizations in North America (e.g. APsaA, CIPS, and CPS). The priority at the moment is for NAPsaC is to become more visible to our members. Then, if we have the financial and human resources necessary, we might be able to produce a psychoanalytic conference similar to what is done in Europe and Latin America by their regional organizations.

#### 3. Creation of a Standing Program Committee

Drew Tillotson accepted Lee Jaffe's invitation to Chair a Program Committee. Drew talked about developing proposals for participating at conferences planned by APsaA, CIPS, CPS and by the IPA, which will hold its 2019 Congress in London. Directors suggested we might learn from the EPF and FEPAL how their organizations developed and grew into regional membership groups. It was also suggested that we invite someone

from the Program Committee at APsaA, CIPS, and Canada to join the NAPsaC Program Committee. A motion made to form a Program Committee was passed by a unanimous vote of the Board.

**Action:** Directors will survey their local Societies and make recommendations to Drew if they have members who are interested in working with Drew on the Program Committee.

**Action:** NAPsaC will sponsor a Clinical Workshop at the IPA Pre-Congress in Buenos Aires on Wednesday, July 26, 2017 (9 am – noon). This Clinical Workshop is adapted from the CIPS/NAPsaC Clinical Conference (Spring, 2014) and FEPAL Conference (Fall, 2014) Clinical Exercises Model. This format was also successfully mounted at the Boston 2015 IPA Congress. Using verbatim clinical material, the workshop is an exercise of spontaneous dialogue between different minds "dreaming" the same material. The function of the workshop is to provide an opportunity for discussion among the colleagues in an atmosphere free of supervisory dynamics. Specifically, two anonymous cases, one adult and one child, will be presented by a reader who is not the treating analyst. A panel of three analysts from different geographical areas will hear the material for the first time with the audience and associate to the material as freely as possible. Following the response of the panel, the attending participants will be invited to respond. This format is designed to give all the participants an opportunity to observe how the mind of the analyst works in "real time" - as close to an actual session as possible. Appreciation was expressed to Maureen Murphy, Beth Kalish and Leigh Tobias, who worked to organize this event.

#### 4. Archive and History of NAPsaC

Lee Jaffe asked if there is a written history of the development of NAPsaC that might be posted on the organization website (<http://www.napsac.info>). Leigh Tobias (Past-Secretary) has a document that might be used for this purpose previously sent to Lee when leadership rotated from Maureen Murphy (Chair), Beth Kalish (Co-Chair), Leigh (Secretary), and Sandra Borden (Treasurer) to the current administration. Another Director suggested minutes be posted on the website and catalogued by calendar year. Another director suggested someone be appointed to be the NAPsaC Archivist.

**Action:** Lee will investigate these suggestions with our Webmaster (Donna Winter, Toter Web Systems) to the Board at the next meeting on Sunday, June 18, 2017.

#### 5. Dues

Lee noted that NAPsaC dues are minimal (\$5 per member annually) but would be better discussed in terms of an increase when we have made NAPsaC better known to our membership so they will know what they are paying for. Directors agreed that this strategy makes sense and that a dues increase is needed to support meaningful initiatives. One Director proposed we begin thinking about a dues increase range (e.g. \$7-10.00), but it was agreed we would take no action at this time.

## 6. Website

- a. Find An Analyst (how to make sure you're listed)
- b. Non-discrimination policy

Due to time constraints, the only issue addressed regarding the website is a needed software update to enhance security and functionality (change from a blog platform to a content management system) including making the site compatible for browsing from a smart phone. The onetime fee for this update that takes approximately 10 hours is \$1,150. Directors discussed needing to find a tech savvy part-time Administrator to make content updates to the website at a reasonable cost. This will save the organization considerable funds, in that an Administrator's pay scale is significantly less than what we pay a programmer Donna Winter (Totera Web Systems) to make updates. Totera will continue to be available to provide programming and related services on an as needed basis. Our current agreement with Totera allows for up to 2 hours of work on a monthly basis.

Discussion of NAPsaC Find An Analyst website and drafting a non-discrimination policy to be posted on the website was postponed until the next meeting.

**Action:** The Board moved to pay Totera to make the security software update. The motion carried unanimously. Lee Jaffe will follow-up with Donna to initiate the update.

**Action:** Lee will check with his local Institute to see if their Administrator might be able to do limited part-time work for NAPsaC to make content updates.

## 7. Intra-Regional IPA Relations

Lee Jaffe invited Directors to consider if there are issues that are difficult to discuss on the NAPsaC Board given the differing structures of our member organizations. Directors spoke up about a collegial atmosphere on the Board and our recent success during the Maureen Murphy (Chair) and Beth Kalish (Co-Chair) administration of forming a Task Force to revise and update our voting procedure. One director suggested the Chair appoint an Ombudsperson that any Director can contact with concerns about how the organization is functioning. An APsaA Director noted that the Independent Societies are represented more strongly (i.e. have more Directors) on the NAPsaC Board than APsaA or CPS. The six independent societies have two Directors each, whereas APsaA has two and the Canadian Psychoanalytic Society have two, but currently only one attends. A director from one of the Independent Societies suggested if we focus on our mission to integrate and support scientific activities, we should have no trouble continuing to find common ground as a regional organization.

## 8. NAPsaC Meetings - Zoom and face-to-face

Directors agreed to continue using Zoom (APsaA's account) for all meetings except our annual face-to-face meeting in New York scheduled next year for Saturday, February 17<sup>th</sup> (time TBD).

## 9. Directors & Officers Insurance

Lee Jaffe has been checking on how Directors are insured for their work on the Board. Some Directors are covered through their professional liability insurance and others are not. Additionally, professional liability insurance would not cover NAPsaC as a business entity. Thus, Directors and Officers insurance is needed for the organization and individual Directors.

Lee and Sandra Borden both researched companies that offer D&O insurance. Sandra was quoted a fee of \$980 annually plus a \$250 agency fee. Lee is waiting for a quote from the company he contacted. A motion was made to purchase insurance from whichever quote came in lower. The motion passed unanimously.

**Action:** Lee will inform the Board of which company provides the lower bid once he has additional information and purchase D&O insurance for NAPsaC.

The meeting adjourned at 4:30 pm Pacific/7:30 pm Eastern Time.

### **Board Meeting Addendum**

On Monday, March 20, 2017 Lee Jaffe emailed Directors indicating that the IPA asked him to appoint a second representative from NAPsaC to attend the IPA/IPSO Congress in Buenos Aires (July 2017), as is done with representatives from the EPF and FEPAL. Lee invited Co-Chair Drew Tillotson to attend the Congress with him and represent the interests of NAPsaC.

**Action:** Drew Tillotson will accompany Lee Jaffe and represent NAPsaC at the following meetings at the IPA Congress in Buenos Aires during the week of July 24<sup>th</sup> 2017:

1) A meeting with the IPA officers, the Presidents of the Regional Organizations (EPF, FEPAL and NAPsaC) and the Presidents of IPA Societies on Tuesday, July 25 from 10 am to 5:30 pm.

2) Breakfast meeting on Thursday, July 27 to discuss IPA Working Parties (Ruggero Levy, Chair).

3) A lunch meeting of the IPA and Presidents and Vice Presidents of the Regional Organizations (EPF, FEPAL, NAPsaC) and the Regional Association (APsaA) on Thursday, July 27.

4) A post-Congress lunch meeting of the IPA Board and [needs completion] on Sunday, July 30 from 11:20 am to 12:50 pm.

The next Board meeting is scheduled for Sunday, June 18, 2017, 3:00 pm Pacific/6:00 pm Eastern Time.

Respectfully submitted,  
Caron Harrang  
Recording Secretary