

NAPsaC Board of Directors Meeting Minutes_draft
February 17, 2018

Officers:

President – Lee Jaffe (APsaA)
Vice-President – Drew Tillotson (PINC)
Secretary – Caron Harrang (NPSI)
Treasurer – Sandra Borden (APsaA)

Directors:

Lee Jaffe and Harriet Wolfe (APsaA)
Louis Brunet (Canadian Psychoanalytic Society)
Judith Felton and Andrea Greenman (Contemporary Freudian Society)
Randi Wirth and Phyllis Sloate (interim) (Institute for Psychoanalytic Training and Research)
Kenichiro Okano (Japanese Psychoanalytic Society)
Tak Yoo Hong (Korean Psychoanalytic Society)
Beth Kalish and Terry McBride (Los Angeles Institute and Society for Psychoanalytic Study)
Caron Harrang and Maxine Nelson (Northwestern Psychoanalytic Society and Institute)
Andrea Kahn and Leigh Tobias (Psychoanalytic Center of California)
Judith Lewis (Vermont Study Group/non-voting)
Maureen Murphy and Drew Tillotson (Psychoanalytic Institute of Northern California)
Yuhua Clare Lin (Taiwan Study Group/non-voting)

Absent: Beth Kalish (LAISPS); Maureen Murphy (PINC); Kenichiro Okano (Japanese Psychoanalytic Society); Leigh Tobias (PCC); Tak Yoo Hong (Korean Psychoanalytical Society); Yu-hua Clare Lin (Taiwan Study Group)

This annual face-to-face meeting held this year at the Hilton Hotel was called to order on Saturday, February 17, 2018 at 9:45 am.

I. Meeting with IPA Officers Virginia Ungar, President; Sergio Nick, VP; Andrew Brook, Treasurer and Executive Director, Paul Crake.

Officers attended the first portion of the meeting and Sergio Nick gave a PowerPoint presentation outlining the vision of the new administration. Primary aims are to foster and enhance members' sense of participation in and belonging to an international psychoanalytic organization and community and to advance psychoanalysis and to ensure the continued vigor and development of the science of psychoanalysis. The Ungar/Nick administration's motto is "**One IPA for all**". The IPA currently consists of 12,770 members and 5,237 candidates in 47 countries (84 Societies, 14 Study Groups).

Benefits of membership include:

- Biennial Congress—the largest psychoanalytic congress in the world.
- An opportunity to be part of the world's most international and theoretically diverse psychoanalytic organization.
- Sponsorship and development of 35 new groups around the world, including in many places where analysis has never existed before.

- The IPA Inter-Regional Encyclopedic Dictionary of Psychoanalysis, a unique reference work produced by teams of analysts from all IPA regions.
 - The eJournal *Psychoanalysis Today* (a joint initiative between IPA and the Regional Federations EPF, FEPAL, NAPsaC+APsaA).
 - The CAPSA Inter-Regional Travel Fund, allowing analysts from one IPA region to present, supervise, and teach in another region.
 - A USD \$1m loan program to help candidates with the costs of training.
 - Research—over 450 research projects funded over the past 20 years, with results available on IPA website.
 - IPA Website with access to information and services including an online Member Roster of nearly 13,000 members, webinars and online debates.
 - 50 Committees, with around 600 members, on a wide range of vital topics.
 - Library of policy and best practice documents (e.g. Policy on Ethics).
 - Partnership with Routledge (formerly Karnac Publishing) for a book publication program via IPA Publications Committee.
 - A diverse array of Awards to recognize IPA members who have made outstanding contributions to psychoanalysis.
 - Online archive of IPA historical documents and IPA Congress presentations (under development).
- Access to the Lexicon Building, our offices in central London, with expert staff providing advice and assistance to members.

Action: The PowerPoint (described above) will be shared with Directors who are encouraged to share it with their local Societies.

II. Special Announcement from the President – Lee Jaffe reporting.

Lee Jaffe reported on his transition from NAPsaC President to APsaA President in July 1, 2018. After discussion with ExCom and then with the full board, Lee proposed to appoint Robin Deutsch (SFCP) to complete the remainder of his first and second terms as President. A motion was made and passed unanimously to accept APsaA's appointment of Robin Deutsch to the remainder of Lee Jaffe's first and second terms as President.

Action: Lee will inform Robin of the Board's decision and invite her to attend ExCom and Board meeting as a guest in the months prior to assuming the Presidency.

Acton: Lee will ask the Intra-Regional Task Force to study our bylaws and make recommendations to regarding dual roles (e.g. President-elect of a constituent organization while serving as NAPsaC President).

III. December 3, 2017 Minutes – Caron Harrang reporting.

Minutes as amended were approved by unanimous vote of the Board.

IV. Treasurer's Report – Sandra Borden reporting.

Sandra reported that we currently have \$19,625.20 in checking.

1. NAPsaC Reimbursement Policies

Sandy reported that reimbursement policies cannot be established going forward until NAPsaC determines when our portion of the eJournal is due in 2018. The eJournal is in the process of becoming a non-profit organization separate from the IPA. In the past invoices were sent out at

the end of the calendar year. In 2018, contributions are due in March. This puts considerable strain on NAPsaC whose budget is limited (\$5 per dues paying member).

In the first year of the publication in 2016 the IPA provided seed money and covered 100% of the expense. In the second year, the regional organizations (EPF, FEPAL, and NAPsaC) and the IPA each contributed \$25,000. Within NAPsaC \$8,500 was paid by our organization and APsaA picked up the remainder (\$16,500). Directors agreed that this decision needs to be revisited in light of our limited budget and competing demands to participate at regional organizational conferences and scientific meeting sponsored by CIPS, CPS, and APsaA.

When it was determined that neither Lee Jaffe nor others on ExCom could attend the IPA Board meeting in London (June 2018), Maxine Nelson volunteered to represent us. However, there is some question as to whether the IPA will cover the NAPsaC representative's travel expenses (flight and hotel). In light of NAPsaC's budget constraints it was agreed this needs to be clarified. Reps from EPF and FEPAL are also invited to attend.

All other administrative meetings and scientific activities are on hold until we have clarification on the timing paying the eJournal bill. Expected revenue from dues for the year are \$12,600.

Action: Lee Jaffe will contact the eJournal Board of Directors to request forbearance in paying our portion of the publication for 2018 so that we may have some funds available for other activities.

Action: Maxine Nelson will seek clarification from the IPA regarding reimbursement for travel expenses (flight and hotel) before agreeing to represent NAPsaC at this meeting.

2. Considering administrative support for NAPsaC. Lee Jaffe and Caron Harrang reporting. Caron Harrang and Lee Jaffe provided a report detailing the tasks performed by a member society's Administrator. Items were identified that might apply to NAPsaC if an Administrator position was created (Appendix A). The report concluded and Directors agreed that creation of a part-time Administrator position would bring stability to NAPsaC in light of the alphabetical rotation of officers from constituent to constituent organization every four years. Directors concluded that creation of this position on the NAPsaC Board needs to on hold until we have a larger annual budget.

3. Discussion of NAPsaC Dues Report. Caron Harrang reporting for Leigh Tobias. Directors discussed the report included in the December 3, 2017 Board minutes and its recommendation to increase member dues from \$5 to \$10 dollars annually. The rationale for this increase is that we cannot maintain, much less increase, our participation at administrative and scientific meetings nationally and internationally or offer improved services to our members (e.g. FindAnAnalyst tool on the NAPsaC website) without additional financial resources. Currently, our annual income from dues is approximately \$12,655.00. Current expenses include including representatives' travel to administrative meetings, comping other regional rep's registration at co-sponsored scientific meetings, eJournal, website maintenance, professional fees, and directors and officers insurance total \$15,750. This leave us with a deficit of \$3,510 annually.

If we raise dues to \$10 we would have \$25,310.00 annual income. This would potentially enable NAPsaC to pay a somewhat greater portion of the eJournal bill rather than relying on APsaA to cover the lion's share. Or, we could enhance our FindAnAnalyst tool, offering APsaA substantial

savings if they were to use our website rather than duplicating this service on theirs.

Directors agreed that member organization Boards of Directors need to be polled to determine receptivity to dues increase before making a motion.

Action: Directors will consult their respective Boards and report back at the next Board meeting on April 22, 2018.

IV. Current Business

1. Program Committee – Drew Tillotson reporting.

Drew Tillotson reported that his committee is in development and seeking additional members from APsaA and CPS. Current committee members include Board members Maureen Murphy (PINC) and Leigh Tobias (PCC). Directors are asked to contact Drew if they want to join the committee or if they have nominees from their local organizations. Additionally, the committee is recruiting liaisons from program committees in other organizations (e.g. CPS, APsaA, CIPS).

The program committee is open to again co-sponsoring the biennial CIPS/NAPsaC Clinical Conference reschedule to spring 2019. Co-sponsorship would be contingent on a mutually agreeable negotiated expense and revenue sharing agreement.

Directors agreed that reimbursement policy for representatives to attend regional organization congresses (EPF and FEPAL) needs to differentiate between administrative versus scientific meetings participation. Program committee will concern itself with scientific meeting participation, although it was acknowledged that the same individuals may serve both functions. Participation is contingent on having funds to support these activities.

Action: Directors are asked to submit names of individuals from their local organization to serve on the Program committee or to liaison between local society program committees and NAPsaC Program committee.

2. NAPsaC Website - Drew Tillotson reporting.

Drew Tillotson reported that he contacted BLMS Media (Bob Lettiere) for a competitive bid on website services previously provided by Totera Web Systems (Donna Winter). Unfortunately, BLMS Media did not respond. Drew recommended that NAPsaC move ahead with Totera.

A motion was made and passed to approve updates to the NAPsaC website and to the FindAnAnalyst website (linked to NAPsaC's website). Then it was realized that what we thought was the total for both updates was in reality only for one. After discussion, this motion was rescinded.

Based on budget concerns, Directors voted to approve updating the NAPsaC website which will improve security and functionality (e.g. additional space for new pages with dropdown menus) and hold off on an update to the FindAnAnalyst tool (\$1,035). The one-time cost for updating the NAPsaC website is \$1,495 (13 hours).

Action: Drew will contact Totera to affirm that the bid previously submitted is still available at the same pricing, as the bid has now expired. If available, he will direct Totera to go ahead with this work immediately.

3. Intraregional Collaboration Task Force – Maxine Nelson reporting for Maureen Murphy. The Intraregional Task Force consisting of Maureen Murphy (Chair), Louis Brunet, Maxine Nelson and Harriet Wolfe met by Zoom on February 4, 2018 with the goal of developing ways to foster intra-regional collaboration. The Task Force mandate is to understand NAPsaC’s unique regional culture and promote cooperation within the region and with other regional organizations (EPF and FEPAL).

The TF identified the following priorities: (1) Reorganization of the NAPsaC Board to be comprised of an equal number of elected representatives from APsaA, CIPS, and CPS; (2) Identification of activities shared by the societies of each cluster (APsaA, CIPS, CPS) that could be posted on the website events calendar; (3) Cultural sharing at designated forthcoming NAPsaC Board meetings by Directors representing each of the three clusters related to history, training models including the arc from candidacy to training analyst, scientific activities, and current areas of controversy. (See Appendix A for full report)

V. New Business

1. Louis Brunet suggested the Board review our membership policy with respect groups not yet part of the IPA. Does it make sense to invite IPA Study Groups and Provisional Societies to join NAPsaC before achieving component Society status?
2. Formation of a Task Force to review and make recommendations for updating the NAPsaC Policies and Procedures Handbook including when the two-tier voting procedure is required.
3. There was a Task Force created with Louis and Randi Wirth to examine the legal and financial links with the eJournal.

Both of these agenda items were postponed until April due to time constraints.

VI. The next Board meeting via Zoom is scheduled for April 22, 2018 at 5pm Pacific Time/ 8PM Eastern Time. Dates for the remainder of 2018 will be established at that time.

Appendix A

Intraregional Task Force Report
February 2018

Members: Maureen Murphy (Chair), Louis Brunet, Maxine Nelson, Harriet Wolfe

Introduction

The Intraregional Task Force was convened for the first time on February 4, 2018. Our goal was to review and refine our mandate and to begin to develop ways to foster intraregional collaboration.

Mandate

The TF mandate is to understand our unique regional IPA culture and to use this understanding to promote cooperation in the service of psychoanalysis in the region, and a voice in the IPA.

Preliminary Discussion

The TF began by free associating about what intraregional collaboration evoked for each of us. In the course of the conversation, three areas of possibility arose as starting points for further discussion.

1. Shared Activities

Find easy, inexpensive ways to share NAPsaC's presence starting with a calendar on the NAPsaC website of all member society's including national meetings/congresses and reciprocally on every component website. In addition, it would be important to identify the three clusters on the website, with a brief description of history as well as number of component societies.

In conjunction with the Program Committee, reaffirm the notion of a NAPsaC presence at major meetings of our members. We currently co-sponsor with APsaA and CIPS and want to work with the CPS in the same way. Again, with the Program Committee, work together to develop meeting guidelines and identify key programmatic people in each organization.

2. Cultural Sharing

Each society has its own culture that is only vaguely known to other member societies. We discussed the possibility of allocating a portion of each of the NAPsaC Board meetings to an introduction of a regional culture. For these purposes, we identified 3 regional clusters as APsaA, CIPS and CPS. We imagine a situation in which each cluster would delegate the task to one or more of its members of representing that group in terms of: history; training models including the arc from candidacy to training analyst; scientific activities and current areas controversy.

3. Board Reorganization

Our most far reaching free association involved considering the reorganization of the Board along intraregional lines. In this model, an equal number of elected representatives from APsaA, CIPS, and CPS would compose the Board. Representatives could be elected from the entire NAPsaC membership facilitating greater intraregional cooperation. Needless to say, this idea is in a rudimentary stage.