

NAPsaC Board of Directors Meeting Minutes
Zoom Videoconference
July 8, 2018
5:00-6:30 pm (PDT)

Officers:

President – Robin Deutsch (APsaA)
Vice-President – Drew Tillotson (PINC)
Secretary – Caron Harrang (NPSI)
Treasurer – Sandra Borden (APsaA)

Directors:

Lee Jaffe (APsaA)
Louis Brunet (Canadian Psychoanalytic Society)
Judith Felton and Paula Ellman (Contemporary Freudian Society)
Randi Wirth and Joan Hoffenberg (Institute for Psychoanalytic Training and Research)
Kenichiro Okano (Japanese Psychoanalytic Society)
Tak Yoo Hong (Korean Psychoanalytic Society Study Group/non-voting)
Beth Kalish and Terry McBride (Los Angeles Institute and Society for Psychoanalytic Study)
Caron Harrang and Maxine Nelson (Northwestern Psychoanalytic Society and Institute)
Andrea Kahn and Leigh Tobias (Psychoanalytic Center of California)
Johanna Boyce (Vermont Study Group/non-voting)
Maureen Murphy and Drew Tillotson (Psychoanalytic Institute of Northern California)
Yu-hua Clare Lin (Taiwan Study Group/non-voting)

Absent: Judith Felton (Contemporary Freudian Society); Kenichiro Okano (Japanese Psychoanalytic Society); Yu-hua Clare Lin (Taiwan Study Group); Tak Yoo Hong (Korean Psychoanalytic Society Study Group/non-voting)

The meeting held via Zoom was called to order on Sunday, July 8, 2018 at 5 pm Pacific Time.

I. Welcome – Robin Deutsch reporting.

Robin welcomed directors to the first meeting in her role as President, taking over from Lee Jaffe who stepped down when he became President of APsaA. Lee is now a director on this board representing APsaA.

II. Organization Report on CPS: Follow-up – Louis Brunet reporting.

Louis indicated that his detailed report summarized in the April 2018 minutes was sufficient to give directors a beginning sense of the psychoanalytic culture in the Canadian Psychoanalytic Society. CPS is the only Component Society worldwide recognized as having two training models (Eitingon and French) related to language diversity in Canada. There is an ongoing debate within CPS as to whether to allow local branches to decide how to apply the Eitingon model since analytic frequency for training analyses and control cases has been revised by the IPA (3-5x/weekly). Directors noted that the change in Eitingon has stimulated intense reactions regarding “local option” (i.e. keeping frequency at 4-5x/weekly or revising to allow for 3-5x/weekly) in Component Societies worldwide.

Action: Paula Ellman (Contemporary Freudian Society, Washington, DC branch) volunteered to present on the culture of her society at the September 16 Board meeting.

III. April 22, 2018 Minutes – Caron Harrang reporting.

Minutes for the April 22 board meeting were approved as amended by unanimous vote of the Board.

IV. Treasurer’s Report – Sandra Borden reporting.

Sandra reported that we have \$16,182.14 in checking. All member societies or associations have paid dues (\$5) for 2018. We currently have 2,538 dues paying members. Sandra projects that expenses for 2018 will total \$15,347.06.

V. Current Business

1. Dues Report Follow-up – All Directors reporting.

Report from each member Society/Association on their Boards of Directors opinion on a possible future proposal to increase dues (\$5 to \$10) beginning 2019.

Directors agreed that we cannot sponsor programs beyond what we are already committed to nor make further enhancements to the website without a modest increase in dues. One director suggested that NAPsaC dues be listed as a line item (e.g. \$5 per member) rather than totaled as a general fund expense. This might increase receptivity to a modest increase (e.g. \$10) if linked to tangible benefits of membership.

Previously reported are societies or associations who have discussed the issue of a proposed dues increase with their Boards of Directors. Societies whose boards would vote to approve a proposed increase include CPS, NPSI, PCC, and PINC. Directors agreed to continue to discuss the issue until such time that a dues increase if proposed would likely pass.

Action: Directors who have not reported on this issue will do so at the September 16 board meeting.

2. Program Committee: Drew Tillotson (Chair) reporting.

a. Update on recruiting additional committee members from the NAPsaC Board and liaisons from the program committees in other organizations (e.g. CPS, APsaA, CIPS).

Action: Louis Brunet (CPS) and Lee Jaffe (APsaA) have each identified an individual from their local society or association willing to join the Program Committee. Contact information will be provided to Drew following this meeting.

b. CAPSA travel grant for IPA Officers to participate in CIPS/NAPsaC Conference.

Action: Drew will apply for a travel grant once it is confirmed who from the IPA will attend the CIPS/NAPsaC conference scheduled for May 4-5, 2019.

c. Drew reported on his teleconference with Randi Wirth (IPTAR) regarding terms of continuing to co-sponsor the biennial CIPS Clinical Conference.

Action: Randi and Drew are developing a written co-sponsorship agreement that will be presented to the Board for discussion and approval at a future board meeting.

NAPsaC Board of Directors
July 8, 2018

d. NAPsaC Clinical Workshop proposal for the 2019 IPA Pre-Congress.

Drew is working on submission of a proposal for a NAPsaC Clinical Workshop involving a 90-minute presentation and discussion of an adult case and a second 90-minute presentation and discussion of a child case. Panelists do not have prior access to the clinical material enhancing the spontaneous nature of the discussion and getting closer to how the analyst actually works in session.

e. Process for development of clear written protocols for co-sponsoring educational events with CPS and/or other member societies or associations.

Action: Robin Deutsch will follow-up Louis Brunet to discuss initiating a review of the NAPsaC Bylaws followed by recommendations for revision to the Board.

3. NAPsaC Website Update – Drew Tillotson reporting.

Drew is pursuing review of design options for a previously approved security and functionality update to the NAPsaC website. He requested and was granted authority to make design decisions in consultation with the Executive Committee (Robin Deutsch, Drew Tillotson, Caron Harrang, and Sandra Borden).

4. Update on NAPsaC Task Force on Intra-Regional Collaboration – Maureen Murphy (Chair) reporting. Other committee members include Louis Brunet, Maxine Nelson. Lee Jaffe will join as of this meeting.

a. Shared activities with other psychoanalytic entities (Websites; Program Committees; CIPS/NAPsaC Clinical Conference).

Action: Due to time constraints and Maureen needing to leave the meeting early (6:15 pm) this agenda was postponed until the next board meeting.

b. Restructuring the Board – All Board discussion of (then) President Lee Jaffe's recommendation that CIPS become an entity on the NAPsaC Board for the Independent IPA Societies in the USA (CFS, IPTAR, PCC, PINC, NPSI, LAISPS and the Vermont Psychoanalytic Study Group). NAPsaC would then be comprised of APsaA, CIPS, CPS, and until they form their own region, Korea (Study Group), Japan and Taiwan (Study Group).

Maureen reported that the task force has met twice. The task force would like directors to think about moving forward with restructuring the board so that each member organization—APsaA, CPS, and CIPS (currently represented individually by six societies)—had an equal number of directors (e.g. 3 or 4). How voting would occur in such a restructuring has not been envisioned nor the process of making this change in a way that respects the concerns of each member organization. In such a restructuring, APsaA, CIPS and CPS would all gain seats on the Board. Directors agree this issue needs time to be thoughtfully considered and will be best discussed at length at the 2019 face-to-face meeting in New York.

5. Policy for Directors Posting Announcements to Board Listserv: Caron Harrang (Secretary) reporting.

NAPsaC Board of Directors
July 8, 2018

The need for a policy on what is appropriate to post on the listserv came about when Directors began sending announcements of local society educational offerings to the Secretary rather than posting it themselves. Directors agreed that a comprehensive set of guidelines as is needed for a large listserv is not necessary. At the same time, in the spirit of transparency, it was agreed that a written guideline that can be added to the Board Policies and Procedure Handbook would be useful.

Action: Caron agreed to draft a policy stating what directors may and may not post on the Board listserv and present for approval at the next board meeting.

VI. New Business

1. Joint Program Calendar – Robin Deutsch (President) reporting.

- a. Calendar on the NAPsaC website showing all three regional federation events (EPF, FEPAL, NAPsaC).

Action: Postponed until the next board meeting due to time constraints.

b. Move to planning co-sponsored programs two years in advance, if possible. Robin Deutsch suggested directors consider a policy and procedure for adding member society or association events to the calendar.

Action: Postponed until the next board meeting due to time constraints.

2. Volunteers for a Task Force to review and make recommendations for updating the NAPsaC Policies and Procedures Handbook, including when the two-tier voting procedure is required.

Action: Postponed until the next board meeting due to time constraints.

3. Report on NAPsaC at IPA Board Meeting – Maxine Nelson reporting.

Maxine represented NAPsaC, substituting for President Lee Jaffe, at the June IPA Board Meeting held in London the weekend of June 16/17, 2018. The overall goal of these meetings was to increase openness and communication between regions and IPA. Maxine commented that in terms of regional identity, it is unique (and she feels confusing) that our region is represented by NAPsaC and APsaA, separately. How to address this anomaly is central to NAPsaC's identity and success as a regional federation.

4. NAPsaC's signature on Child's World America to end Trump administration policy of separating children and parents: Caron Harrang reporting.

- a. Public policy
- b. Establish Task Force to create guidelines.

Action: Postponed until the next board meeting due to time constraints.

5. By-law Proposal – Lee Jaffe reporting.

a. Section 2. Voting Rights. Each institutional member in good standing shall (be allowed to) appoint one individual to serve as its regular representative on the Board of Directors, as well as one ((or more)) alternate representative(s) to serve in the place of the regular representative, as

NAPsaC Board of Directors
July 8, 2018

discussed further in Article IV below. Institutional members may only vote through their representative on the Board but shall not otherwise hold meetings or conduct voting. Voting directors must inform the President at least two weeks in advance of a meeting if they cannot attend and that the alternate director will cast their vote.

Action: Postponed until the next board meeting due to time constraints.

6. Updating NAPsaC History on the organization's website – Lee Jaffe reporting.

a. Which items should have Board approval for website posting and which may be posted at the discretion of the Website Editor?

Action: Postponed until the next board meeting due to time constraints.

b. Lee proposed adding the following paragraph to the NAPsaC History document currently available on the organization website:

“From February 2017 to June 2018 NAPsaC purchased Directors & Officers’ insurance and obtained a permanent mailing address in New York to further establish NAPsaC as a credible not-for-profit organization. The Board voted to rename the positions of “Chair” and “Co-Chair” to be “President” and “Vice President” so that NAPsaC is consistent with leadership titles employed in the other IPA regional organizations, EPF and FEPAL. A Program Committee was formed to advance NAPsaC’s visibility through participation and co-sponsorship of conferences and congresses with other psychoanalytic organizations in North America (e.g. APsaA, CIPS, CPS). Additionally, NAPsaC is pursuing a presence in the newsletters of its member organizations to increase visibility. A task force has been created to promote “intra-regional collaboration” given NAPsaC’s unique realities as a psychoanalytic region, with Canada, the American Psychoanalytic Association, the direct IPA societies in the United States (CIPS), and the temporary inclusion of IPA societies study groups in Japan, South Korea, and Taiwan. Lastly during this period, NAPsaC appointed 5 North American members to the IPA Nominating Committee, as did EPF and FEPAL.”

Action: Postponed until the next board meeting due to time constraints.

7. Increasing NAPsaC’s visibility – Robin Deutsch (President) reporting.

a. Aiming for a NAPsaC column in member organization newsletters.

Action: The President will continue writing a column for *Selected Facts: Newsletter of Northwestern Psychoanalytic Society and Institute* and find out if we can establish a presence in APsaA’s quarterly magazine, *The American Psychoanalyst* (TAP). Directors are invited to explore whether a NAPsaC column might become a regular feature of every local society newsletter and forward contact information for the managing editor if applicable.

VII. The next Board meeting via Zoom is scheduled for September 16, 2018 at 5pm Pacific Time/ 8PM Eastern Time.

Appendix A

Report on IPA Board Meeting – June 17, 2018

For July 9, 2018 NAPsaC Board Meeting
Submitted by Maxine Nelson, LICSW, FIPA (NPSI)

I represented NAPsaC, substituting for President Lee Jaffe, at the June IPA Board Meeting held in London the weekend of June 16/17, 2018. For the first time, as part of the IPA's mission of fostering interaction between the IPA Board and the Regional Federations, the Presidents of all the Regional Organizations (EPF, FEPAL, NAPsaC and APsaA) were included in two working sessions. The first working session consisted of a discussion of the interim and final reports from the Task Force on IPA and Constituent Organizations, chaired by Dr. Franz Wollendorf, of the DPG, Berlin. The second working session focused on a new task force on representation, chaired by Dr. Henk Jan Dalewijk, of the Dutch Psychoanalytic Society, Weesp.

The IPA put me up at the Park Plaza Westminster Bridge Hotel, which was a short walk to Central Hall Westminster, where the meetings took place. The IPA Officers and Board members stayed there as well, which allowed for impromptu conversations in the hotel lobby and at breakfast. This venue is quite close to the Queen Elizabeth II Centre, where the IPA Congress will take place in July 2019.

1) On Saturday evening, June 16 all the regional (EPF, FEPAL, NAPsaC and APsaA) Presidents, Vice Presidents or Society Representatives as well as the current IPA Officers and Board members traveled by vintage double decker bus to an opening cocktail reception at Lexicon, the new IPA headquarters. Located on a canal, the offices were open and light-filled. IPA Executive Director Paul Crake gave us a tour of the offices and it was very clear how pleased the IPA staff were to be in this new space. A number of Board members brought copies of books that were donated to the Lexicon library. As far as I could tell, these books were either written by the person donating them or by other IPA members from their region. The reception was casual, and I was able to meet and converse with a number of regional leaders through informal conversations. It was a good opportunity to answer questions about NAPsaC as well as to learn a bit about other regional leadership challenges and successes. Although some people seemed confused about the differences between APsaA and NAPsaC and why both Harriet Wolfe and I were present at the meetings, both of us were treated respectfully and the relationship between APsaA and NAPsaC was not questioned directly.

2) Following the reception, the group was bussed to One Aldwych, an elegant restaurant near Covent Garden where we enjoyed a buffet dinner in a private room. I was able to meet and chat

NAPsaC Board of Directors
July 8, 2018

with all of the N. American reps and sat next to Beth Kalish, the NPSI link to the IPA Board. Jane Hall, the second NA Board member who represents CIPS, did not attend the dinner.

3) On Sunday, June 17, I was included in two meetings with the IPA Officers and Board, along with regional leaders of EPF, FEPAL, NAPsaC and APsaA. The room was arranged in a square, with microphones at each person's place at the table. I was seated next to Harriet Wolfe at the head of the table, along with the current IPA Officers Virginia Ungar (President), Sergio Nick (Vice-President), and Andrew Brock, Treasurer. Joege Canestri, President of EPF and Adela Escardó, General Secretary of FEPAL, were seated at the head of the table as well.

Following introductions, the Regional Presidents (or their representatives) were invited to speak briefly about general concerns and/or accomplishments in their regions. I focused on the efforts NAPsaC is making at intra-regional collaboration within North America, which was reflected in part by the convivial relationship evidenced between Harriet and myself. In the second working session, I focused on the challenges NAPsaC faces relative to FEPAL and EPF because of our dues structure. Following the meeting, I sent a document outlining NAPsaC's accomplishments under Lee Jaffe's presidency to Virginia Ungar and asked her to forward it to other IPA Officers and Board members.

Most of the first working session was focused on the interim and final reports from the Task Force on IPA and Constituent Organizations, presented by chair, **Franz Wellendorf**. (See attached reports). The TF recommendations included the following:

- Initiating an annual Presidents Meeting to enable 2-way communication between the IPA and Constituent Organizations (COs) and help in developing stronger and closer relations between the IPA and societies.
- Improving communication between the COs and IPA Board through short reports, including the acknowledgment of society members currently serving on IPA committees.
- Improving the process of ensuring that societies are fairly represented by their members participating on IPA committees. The way this process was described to me is that Peter Loewenberg, of NCP currently chairs the committee that appoints IPA committee members in North America.
- Continuing to foster visits by IPA officers to COs.
- Continuing work to foster relationships between the IPA and COs through the questionnaire recently sent to all society presidents.
- Production of a short video by the President to all members explaining the structure of the IPA, accompanied by a one-page summary.

During the open discussion, one of the suggestions made by Sergio Nick was for the IPA to expand its presence within social media by utilizing Facebook and Twitter. A lively discussion ensued regarding whether more is necessarily better. There was also some discussion of the financial challenges associated with funding the eJournal. Overall, it was reported that the

eJournal enjoys a large readership and is deemed to be a successful venture. Adela Escardó, representing FEPAL, echoed my concerns about the financial strain of continuing to support the eJournal.

Henk Jan Dalewijk, of the Dutch Psychoanalytic Society, chaired the second working session, which was on representation. His Task Force is attempting to look at how the IPA is represented to its members and how the membership is represented within the IPA with the goal of increasing both awareness and participation by individual members in various IPA activities. The following comments and suggestions were made during the open discussion:

- **Gunther Perdigao** suggested a revised committee structure based on the “Marvin Margolis* solution,” in which the committee structure could be reorganized to be more pyramidal, thus involving more members in committees. *Marvin Margolis, MD, PhD was President of APsaA 1996-1998. Virginia endorsed this idea but presented a number of challenges including 1) lack of interest, 2) facility with English and 3) comfort with technology. There was also some discussion about the process of selection of committee members in that more people are nominated than can be selected. A back-up list was suggested so that someone who is interested in serving on a committee would have the option to join a different committee if they are not selected for the committee they initially agreed to serve on.
- **Abel Fainstein** (Argentina) recommended that representation should include scientific activities as well as political activities. The IPA webinars have apparently been quite successful and there are plans to continue them.
- **Harriet Wolfe** suggested that, in addition to the webinars, the IPA consider offering study groups by Zoom to increase dialogue and interaction across regions on a more intimate scale.
- **Sérgio Lewkowicz** (Brazil) said that the goal of the IPA is to offer one webinar per week, depending on staff availability and the IPA’s accessibility to technological tools.
- **Gunther** talked about the challenges of organizing inter-regional meetings, i.e., NAPsaC and FEPAL or NAPsaC and EPF but said that perhaps smaller conferences could take place more frequently rather than mounting one large conference every two years.
- **Alan Sugarman** (San Diego) suggested setting up small conferences in different regions on specific theoretical approaches, i.e., Kleinian and Bionian thought. He also suggested that every time the IPA Board goes to a particular city for a meeting, there be a clinical/scientific presentation as well as the business meeting. Finally, one of Alan’s ideas was for the IPA to bring people to different regions to talk about psychoanalytic education issues, stressing that there are currently many issues outside of frequency.

Henk Jan concluded the working session by stating that, however good these ideas were, they could only be expected to work for a certain period of time before needing to be reinvented.