NAPsaC Board of Directors Meeting Minutes_approved Nov 18, 2018 Zoom Videoconference September 16, 2018 5:00-6:30 pm (PDT)

"Dreaming Together: Organizational Development, Mission & Vision"

Officers:

President – Robin Deutsch (APsaA) Vice-President – Drew Tillotson (PINC) Secretary – Caron Harrang (NPSI) Treasurer – Sandra Borden (APsaA)

Directors:

Lee Jaffe (APsaA)

Louis Brunet (Canadian Psychoanalytic Society)

Judith Felton and Paula Ellman (Contemporary Freudian Society)

Randi Wirth and Joan Hoffenberg (Institute for Psychoanalytic Training and Research)

Kenichiro Okano (Japanese Psychoanalytic Society)

Tak Yoo Hong (Korean Psychoanalytic Society Study Group/non-voting)

Beth Kalish and Terry McBride (Los Angeles Institute and Society for Psychoanalytic Study)

Caron Harrang and Maxine Nelson (Northwestern Psychoanalytic Society and Institute)

Andrea Kahn and Leigh Tobias (Psychoanalytic Center of California)

Johanna Boyce (Vermont Study Group/non-voting)

Maureen Murphy and Drew Tillotson (Psychoanalytic Institute of Northern California)

Yu-hua Clare Lin (Taiwan Study Group/non-voting)

Absent: Tak Yoo Hong (Korean Psychoanalytic Society Study Group), Yu-hua Clare Lin (Taiwan Study Group), Joan Hoffenberg (IPTAR), Kenichiro Okano (Japanese Psychoanalytic Society), Judith Felton (CFS), Terry McBride (LAISPS).

I. Welcome: Robin Deutsch reporting.

During the most recent ExCom meeting, our conversation focused on using this requested extra Board meeting to dream together about the ongoing development of NAPsaC and our process as an organization and given our unique analytic culture as compared with EPF and FEPAL. One of the primary issues is the recommendation that the Board be restructured with CIPS becoming an entity on the NAPsaC Board for the IPA Independent Component Societies (CFS, IPTAR, LAISPS, NPSI, PCC, PINC) and Study Groups (Vermont Study Group) in the United States. NAPsaC would then be comprised of APsaA, CIPS, CPS, and until a 4th region is formed currently comprised of Japan, Korea (Study Group) and Taiwan (Study Group).

II. July 8, 2018 Minutes – Caron Harrang reporting.

Minutes for the July 8, 2018 board meeting were approved as amended by unanimous vote of the Board.

III. NAPsaC Mission, Membership and Board Structure

1. Mission – All Directors reporting.

Directors discussed that there is not currently a clear mission statement for NAPsaC. However, there is a description of member organizations and goals listed on the organization's website

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including:

- sustaining and fostering the growth of psychoanalysis within the North American Geographical Region
- fostering dialogue and interchange among the various organizations within the region
- providing a forum for organizing and promoting scientific conferences, meetings and personal interchange among psychoanalysts within the region
- furthering psychoanalytic research by providing a forum for coordination and implementation of research projects
- providing an interface between North American psychoanalysis and the IPA, as well as other regional psychoanalytic organizations in Europe and Latin America
- encouraging and facilitating outreach to allied professional groups and other organizations by providing a common North American psychoanalytic voice
 - providing information about psychoanalysis and psychoanalytic services to the public Action: Louis Brunet (CPS) and Randi Wirth (IPTAR) will amend their previously submitted Study Group Status Report to include a mission statement. Directors will discuss and vote to approve the mission statement at the November 18 Board Meeting.

2. Membership – Louis Brunet and Randi Wirth reporting.

In the abovementioned Study Group Status Report, co-authors Louis Brunet and Randi Wirth identify contradictions and errors in the NAPsaC Bylaws with respect to membership and voting. Their recommendations outlined in the report will be discussed and voted on at the November 18 Board Meeting.

Action: Louis and Randi will send their updated report including a mission statement to the Secretary for inclusion with the November Board Meeting Agenda.

3. Board Restructuring – All Directors reporting.

The suggestion that NAPsaC consider its representation structure on the Board began at the annual face-to-face meeting in February 2018. The Intraregional Task Force (Maureen Murphy, Chair; Louis Brunet, Maxine Nelson, Leigh Tobias) took up this issue and recommended the Board consider restructuring to allow for equal representation (number of directors) from APsaA, CIPS and CPS. Our colleagues from Japan, Korea and Taiwan will continue on the Board until they are able to form their own regional organization parallel to EPF, FEPAL, and NAPsaC.

Discussion of this agenda item took up a majority of the time in this meeting and is reported here in terms of the Secretary's impression (based on extensive notes) of themes that emerged in the group:

Theme – It is timely for NAPsaC to be discussing restructuring since all of the Independent IPA Component Societies are now members of CIPS.

Theme – An equitable, although complicated, system for voting has been established but not yet equitable representation of member organizations. APsaA has 38 Societies, CPS has 7 Branches (Institutes), and CIPS is comprised of 6 Independent Societies (CFS, IPTAR, LAISPS, NPSI, PCC, and PINC). Presently, APsaA holds the Presidency and Secretary positions and has 1 director; Canada has 1 director (although they could appoint an alternate as well); and the Independents have 6 directors (one of whom is Vice President and another is Secretary) and 6

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alternate directors.

Theme – The Independent Societies are highly engaged in NAPsaC and this might be compromised if CIPS rejoins since representation would diminish due to some Independent Societies no longer having seats on the Board. There is disagreement amongst Societies belonging to CIPS about restructuring. Moreover, CIPS does not oversee the activities of its member Societies in the same way as APsaA and CPS. This realization led to the suggestion that Terry McBride (absent from this meeting) who represents LAISPS and is current President of CIPS be invited to speak about the culture of CIPS at the next Board meeting along with Paula Ellman who will be speaking about the culture in the Contemporary Freudian Society.

Action: Robin Deutsch will contact Terry and invite him to present on CIPS. Theme – There was tension between those who perceive that APsaA members are not interested in participating in NAPsaC and those who assert that their members would engage if they were more aware of its relevance. This is a chicken/egg problem ties to our current dues structure (\$5 annually) which makes it difficult to sponsor activities that would raise awareness of NAPsaC. By contrast, EPF and FEPAL dues are significantly higher allowing them to sponsor large regional conferences that are well attended.

Theme – If the aim is to create equal representation from APsaA, CPS and the Independents (CIPS), how do we do this without creating a Board that is so large that it cannot function as a workgroup?

Theme – Under the current system of rotation for the Presidency (alphabetically by member organization), APsaA will not hold a leadership position for many years. One solution might be to change the rotation system (or move to elected officers) even if representation stays the same. Theme – Where do we go from here? There was general agreement that despite intraregional tensions, we want to find ways to work together to strengthen psychoanalysis in North America.

Action: The Intraregional Task Force (Maureen Murphy, Chair) will develop a proposal regarding restructuring that the Board can discuss beginning in November and hopefully come to an agreed upon proposal that may be voted on at the face-to-face meeting on February 9, 2019.

IV. e-Journal – Louis Brunet and Randi Wirth reporting.

The Board has expressed concern about the cost of the e-Journal and asked Louis Brunet and Randi Wirth to investigate and clarify the organization's legal obligation. Their report and findings will be discussed at the November Board Meeting and serve as a basis for financial planning and decision making in 2019. NAPsaC is currently paying 12.5% of the cost of the journal annually.

Action: The Secretary will send the e-Journal report to Directors with the November Board Meeting Agenda.

V. Board Committees - Robin Deutsch reporting.

Robin Deutsch reported that Drew Tillotson is stepping down, effective immediately, as chair of the Program Committee. Drew will follow through on current projects including organizing and serving as moderator of the NAPsaC Clinical Workshops at APsaA's winter meeting in New York, NY (February 9, 2019) and at the IPA in London (July 2019). He will also continue work with Randi Wirth (IPTAR) on the CIPS/NAPsaC Biennial Clinical Conference scheduled for May 3-4, 2019 in New York, NY. Directors agreed that developing clear policy around cosponsorship (e.g. CIPS and NAPsaC) may make it easier to recruit volunteers to work on the Program Committee.

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Action: Directors are invited to consider chairing this important committee or submit names of qualified individuals from our local Societies or Association.

Action: Maureen Murphy volunteered to draft a policy proposal on co-sponsorship of conferences or other continuing education activities with member or outside groups for review at the November Board Meeting.

VI. Board Policies and Procedures - Caron Harrang reporting.

Caron Harrang read a policy she was asked to draft regarding information sharing on the Board listsery. Due to time constraints, discussion of the policy was tabled until November.

Action: Caron will send the proposed policy to Directors for review prior to the November Board Meeting.

VII. Website Update – Drew Tillotson reporting.

Drew Tillotson reported that approved revisions and security updates to the website are proceeding and work is expected to be completed by Totera Web Systems (Donna Winter, Webmaster) by the end of 2018.

VIII. The next videoconference Board Meeting is scheduled for Sunday, November 18, 2018 at 5 pm Pacific/8 pm Eastern Time.