

NAPsaC Face-to-Face Board of Directors Meeting Minutes_approved April 26, 2020
Grand Hyatt Hotel; 109 E 42nd Street; NY, NY
February 15, 2020
9:45 AM to 1:15 PM/Eastern Time

Officers:

President – Robin Deutsch (APsaA)
Vice-President – Drew Tillotson (PINC)
Secretary – Caron Harrang (NPSI)
Treasurer – Sandra Borden (APsaA)

Directors:

Lee Jaffe and Bill Glover (APsaA)
Paula Ellman and Andrea Greenman (Contemporary Freudian Society)
Mary Kay O’Neil and Sara Freke (Canadian Psychoanalytic Society)
Randi Wirth and Steve Ellman (Institute for Psychoanalytic Training and Research)
Kenichiro Okano (Japanese Psychoanalytic Society)
Tak Yoo Hong (Korean Psychoanalytic Society Study Group/non-voting)
Beth Kalish and Terry McBride (Los Angeles Institute and Society for Psychoanalytic Study)
Caron Harrang and Maxine Nelson (Northwestern Psychoanalytic Society and Institute)
Andrea Kahn and Leigh Tobias (Psychoanalytic Center of California)
Johanna Boyce (Vermont Study Group/non-voting)
Maureen Murphy and Drew Tillotson (Psychoanalytic Institute of Northern California)
Yu-hua Clare Lin (Taiwan Study Group/non-voting)

IPA Officer Guests: Virginia Unger (President), Sergio Nick (Vice President), Henk-Jan Dalewijk (Treasurer), Paul Crake (Executive Director)

Regional Organization Officer Guests: Heribert Blass (EPF President-elect), Abel Fernandez (FEPAL Secretary General), Martina Burdet (EPF Secretary General)

Absent: Steve Ellman, Sara Freke, Tak Yoo Hong, Andrea Kahn, Yu-hua Clare Lin, Terry McBride, Kenichiro Okano

I. Welcome: Robin Deutsch.

Robin welcomed IPA and Regional Organization Officers (shown above) in attendance for the first portion of the meeting.

II. Meeting with IPA and Regional Organization (EPF, FEPAL) Officers

Virginia Unger reported that the 52nd IPA Congress/26th IPSO Congress scheduled for July 2021 in Vancouver, Canada is open for presentation submissions. The theme is ‘The Infantile: Its Multiple Dimensions’. There is an innovative new presentation category called ‘Psych Talk’ consisting of short extemporaneous presentations similar to TED talks. The deadline for applying is June 30, 2020. Additional information is available on the IPA website:

<http://events.ipa.world/events/52nd-ipa-congress-26th-ipso-conference-vancouver-2021/event-summary-797a7a027d99427a85222aa0fda6488d.aspx>

Question from NAPsaC Directors to IPA Officers: What is your thinking about activities in the IPA regions (North America, Europe, Latin America, Asia—which is emerging)?

a. IPA Officers attend regional organization board meetings and are interested in hearing from Directors about what you want the IPA to do as well as concerns or complaints.
Goal: To strengthen bidirectional communication with IPA leadership and regional organizations.

b. The IPA is investing in the Visiting Candidate Program to facilitate a new generation of analysts knowing more about institutes in other countries and becoming, as it were, international citizens of our profession.
Goal: Strengthen ties between the IPA and IPSO (analyst-in-training).

c. Consider increasing the frequency of Component Society Presidents' meetings, normally held at IPA/IPSO Congresses.
Goal: In North America, the goal is to increase involvement of APsaA Institute Presidents.

d. The IPA Education Committee is sponsoring research to compare how psychoanalytic institutes differ in their approach to training. apply their chosen training model (Eitingon, French, Uruguayan) and other aspects of psychoanalytic training through a series of meetings in each region. For example, in North America the Director of Training, Chair of Curriculum, and an analyst-in-training from the Michigan Psychoanalytic Institute, the Contemporary Freudian Society, and the San Francisco Center for Psychoanalysis were invited to meet with the Education Committee to discuss how they apply their model of training (Eitingon, French, Uruguayan) and to talk about what seems to be working as well as challenges. The model will be repeated in Europe and in Latin America.
Goal: To facilitate awareness of differences amongst approaches to psychoanalytic training with the hope that Institutes will become more open to new ideas. A report is forthcoming.

e. The IPA has formed an Advisory Group on 'Relations Between the IPA and the Regional Association' comprised of Martin Gautier (Chair), Abel Fainstein, Catherine Kimble, Kerry Sulkowicz, Leigh Tobias, Mira Erlich-Ginor, Philip Roys, Sergio Lewkowicz, Paul Crake, IPA Executive Director (ex officio). Steve Thierman, IPA Board Secretary attends meetings but is not part of the Group. The Mission of the Advisory Group is i) to consider the IPA's relationship with APsaA, the impact of some recent APsaA decisions and future proposals, and the wider issue of the regional association status afforded to APsaA by the IPA's Rules; and ii) to act as a consultant group to aid with envisioning better ways forward/potential new organizational structures.

f. The IPA has formed a Remote Training Task Force to study remote training and formulate recommendations regarding potential changes to current IPA policy. The current policy regarding remote didactic training (as distinct from remote analysis) is on the IPA website under the Procedural Code. A report is forthcoming.
Goal: To respond to the demand for greater access to psychoanalytic training via remote technology (Zoom, Skype, etc.) as well as risk/benefit analysis of doing so.

Action: Maxine Nelson will follow-up with Virginia to obtain a list of resources on

remote training and share this with the NAPsaC Board.

g. IPA current dues revenue is less than operating budget. One budgetary decision is to reduce the number of committees (currently over 100) and/or funding for committees. IPA dues will increase for the first time in 12 years by \$25 in 2021 and by an additional \$25 in 2022. In the future dues will be tied to the international inflation factor (about 2%). New policy passed by the board is that every member must pay at least \$100, even after retirement.

Comment: This policy was objected to by at least one Director on the basis of being passed without consultation with component societies.

Question from NAPsaC Directors to EPF and FEPAL Officers: In light of NAPsaC's current consideration of restructuring its governance structure, what is the configuration in your region?

a. FEPAL is a federation of 31 component societies, not a membership organization. The board of 9 members (plus 2 administrative assistants) meets twice monthly for 3 hours (9 pm to midnight). Elections are held every 2 years at an assembly of society presidents and delegates who represent the interests of their local society members. Dues are \$60 per person or \$6/month annually. The dues rate has remained the same for many years. When FEPAL tried to raise rates by \$2 it was too much for some societies (e.g. in Venezuela where inflation is out of control analysts charge as little as \$1 per session). Analysts-in-training do not pay dues until they graduate. FEPAL's mission is to sponsor scientific events at triannual symposiums with preparatory pre-symposium meetings. The theme of an upcoming meeting is 'frontiers.

b. EPF is a federation of 42 component societies. Dues are 90E annually for full members; analysts-in-training pay 25E (in addition to IPSO dues). The board is elected by a vote of society Presidents (i.e. individual members do not vote). ExCom meets 5 times per year and there is a yearly face-to-face board meeting. EPF also sponsors an annual conference that is widely attended.

III. Changes in Board Membership: Robin Deutsch reporting.

Robin reported this is Lee Jaffe's last meeting before stepping off the Board as immediate Past President and Director representing APsaA. Everyone thanked Lee for his contributions to NAPsaC in his role as President and in the last year as primary Director from APsaA. Bill Glover will now become the primary Director from APsaA.

Andrea Greenman is rejoining the Board as alternate Director from Contemporary Freudian Society.

Action: Secretary Caron Harrang will direct NAPsaC Webmaster Donna Winter to remove Lee Jaffe from the Board listserv and website and add Andrea Greenman.

IV. January 2020 Minutes: Caron Harrang reporting.

The minutes were approved by unanimous vote of the Board.

Action: Approved minutes are sent to directors for dissemination to local society members and posted on the NAPsaC website: <https://napsac.info/event-calendar>

V. Treasurer's Report: Sandra Borden reporting.

The balance in our checking account as December 31, 2019 was \$8,052.81. The projected 2020 budget is shown below (Appendix A).

Coffee service for this meeting was \$600 which almost no one consumed. Next year Directors will be invited to 'bring your own beverage' instead.

VI. Old Business

a. Board Restructuring. Maureen Murphy, Chair, Interregional Collaboration Committee reporting.

Maureen led a discussion of a proposal developed by the Intraregional Collaboration Committee first introduced at the November 24, 2019 board meeting. Discussion today focused on organizational restructuring and how we will fund operations if we move away from the current membership model and dues assessed per individual member (currently \$5 per person annually).

After *much* discussion about the differences between APsaA, CPS, and the Independent Societies, Directors agreed that a Pro Rata model is acceptable so long as it is understood that each Independent Society belongs to NAPsaC separately rather than being represented by the Confederation of Independent Psychoanalytic Societies (CIPS). The difference is that APsaA and CPS act as representational groups for their member Societies whereas CIPS is not a representational entity for the Independents.

In the Pro Rata model expenses and revenue sharing would be apportioned to each organization based on membership: APsaA-1549 members; Independent Societies (CFS-127 members; IPTAR-136 members; LAISPS-58 of 73 members (98.75% pay dues to NAPsaC); NPSI-17 of 26 (65% of members pay dues to NAPsaC); PINC-109 members; PCC-86 members); CPS-308 members; and Japan-31 members. An annual assessment of membership would be reported by each organization to make sure the percentages remain accurate. It will be up to each Society to decide how to collect funds to contribute to NAPsaC's basic operating expenses if this model is approved by the NAPsaC Board and by the Boards of Directors of each membership organization. Figures are based on 2019 dues collected. Less than 100% of members paying dues at NPSI is related to some individuals being primary members at an APsaA Institute or with CPS.

Director agreed to establish a floor operating budget with a 2% increase per year tied to the international inflation rate.

Action: The Interregional Collaboration Committee will continue its work and lead a discussion at the next board meeting focused on representation (number of Directors from each organization), dues, and voting. When we have agreement on all three components (representation, board structure and voting) a motion will be made and voted on by the NAPsaC Board before being sent to membership society Boards of Directors for ratification.

b. Presidency Restructure: ExCom reporting.

Article V of the NAPsaC Bylaws was amended to allow NAPsaC to 1) add a President-elect position; 2. sunset the Vice President position as of the annual meeting in 2021. The motion was

approved by a majority of the Boards of Directors of membership organizations. Mary Kay O'Neil (Canadian Psychoanalytic Society) becomes NAPsaC's first President-elect and will assume the Presidency at the close of the next annual face-to-face board meeting in February 2021. During her term as President-elect she will attend monthly ExCom meetings with other officers: President Robin Deutsch, Vice President Drew Tillotson, Secretary Caron Harrang, and Treasurer Sandra Borden.

Action: Secretary Caron Harrang will add Article V as amended to the NAPsaC Bylaws. A copy of the revised bylaws will be circulated to Directors to share with local Society/Association members and posted on the NAPsaC website.

A second motion to allow the President-elect to retain voting rights until becoming President was passed by CFS, IPTAR, NPSI, and PCC.

Action: The remaining member societies/association (APsaA, CPS, LAISPS, PINC) will request approval from their Boards of Directors and report back by the next board meeting. Directors may also report the vote of their Boards to the Secretary by email.

V. New Business

a. NAPsaC Non-discrimination Statement. Leigh Tobias reporting.

Paula Ellman presented a non-discrimination statement used by the European Psychoanalytical Federation and suggested NAPsaC consider adoption a similar policy.

The North American Psychoanalytical Confederation respects the rights of members to individual expression. It practices non-discrimination in its relations with members, groups of members of this Confederation and fellow IPA psychoanalytic societies as well as in national and international relations. NAPsaC does not endorse political views nor solicit the participation of members or societies in political controversy.

Action: Secretary Caron Harrang will email the above-mentioned policy to Directors for a vote to approve. Upon approval the policy will be added to Board Policies and Procedures Manual and posted on the NAPsaC website.

b. IPA Inter-Regional Encyclopedic Dictionary of Psychoanalysis. Leigh Tobias reporting.

The Dictionary is a Wiki-like instrument designed to be updated by members. Eva Papavisalli is the Editor-in-Chief. Directors are encouraged to check out the project and publicize it as a resource to local society/association members:

https://www.ipa.world/en/Encyclopedic_Dictionary/English/Home.aspx

VI. The meeting was adjourned at 1:15 pm. The next Board meeting is Sunday, April 26, 2020 from 5:00 to 6:30 pm Pacific Time by Zoom.

Note: Unless otherwise arranged the Board meets on the 4th Sunday in January, April, June, September, and November. The February face-to-face meeting is held on the Saturday of APsaA's winter meeting in New York City. Dates for 2020 board meetings are as follows:

2020:

January 26

Feb 15 face-to-face/NYC (9:45 am to 1:15 pm)

April 26
June 28
September 27
November 22

**APPENDIX A
NAPsaC 2020 PROJECTED BUDGET**

Balance as of 1/1/20:		\$8,052.81
<u>Description</u>	<u>Income</u>	<u>Expenses</u>
Dues	12,120.00	
E-Journal		5,100.00
Travel Reimbursements		3,000.00
Website Maintenance		1,355.00 + 805.00 *
Conference Expenses		Unknown
D & O Insurance		1,230.00
Administrative Services		1,200.00
Accounting Services		600.00
MyCityScene Calendar		480.00
Domain Hosting Service		289.00
Teleconference Subscription		163.00
Registered Agent Fee		140.00
Miscellaneous (bank fees, checks, wiring cost)		100.00
TOTALS:	20,172.81	14,462.00
Projected End of Year Balance 2020:		5,710.81

* (Estimated expense for Website Maintenance in 2019 was \$2,160. \$805 was paid to Totera in mid-January: $\$1,355.00 + 805.00 = \$2,160$)

APPENDIX B
NAPsaC BYLAWS
ARTICLE V (approved revisions highlighted)

OFFICERS

Section 1. Officers. The officers of the Corporation shall consist of a President, **President-elect**, a Secretary and a Treasurer. The Corporation may have such other officers and assistant officers as the Board of Directors may from time to time deem necessary, such officers to have the authority, and to perform the duties prescribed from time to time by the Board of Directors in resolutions or in Regulations of the Corporation.

Section 2. Officers. The position of President shall be appointed by a member society in accordance with a rotation schedule to be determined by a majority vote of the Board. An organization may defer their rotation if desired. The President-elect shall be appointed by a member society in accordance with a rotation schedule to be determined by a majority of the Board. The President will appoint a Secretary and a Treasurer. Appointed officers need not be Directors, but each must be a member in good standing of one or more societies of this Corporation. Officers who are not Directors shall not be entitled to vote.

The current rotation of the President is determined alphabetically by full name: American Psychoanalytic Association, Canadian Psychoanalytic Society, followed by one of the Independent Psychoanalytic Societies: Contemporary Freudian Society, Institute for Psychoanalytic Training and Research, Los Angeles Institute and Society for Psychoanalytic Studies, Northwestern Psychoanalytic Society and Institute, Psychoanalytic Center of California, Psychoanalytic Institute of Northern California. The Confederation of Independent Psychoanalytic Societies (CIPS) Board of Directors decides which Independent Society will appoint the President-elect during their rotation. The Japan Psychoanalytic Society is not required to rotate into the Presidency.

Section 3. Term of Office. The officers of the Corporation shall be installed at the annual meeting at which they are elected and shall hold office for two years or until their respective successors shall have been duly elected and qualified. Each officer shall serve one two-year term, unless otherwise determined by the Board. At the end of two years, the President-elect will assume the NAPsaC Presidency, and a new President-elect will be appointed by the member society next in rotation.

Section 4. Resignation. Any officer may resign at any time by giving written notice to the President or the Secretary of the Corporation. Such resignation shall take effect at the time specified therein, or, if no time is specified, at the time of acceptance thereof as determined by the President or Secretary.

Section 5. Removal. Any officer may be removed by the unanimous vote of the Board of Directors at any regular or special meeting of the Board at which a quorum is present, whenever in its judgment the best interests of the Corporation would be served thereby.

Section 6. Vacancies. A vacancy in any office because of death, resignation, removal, disqualification, or otherwise, shall be filled by the member institution that had originally appointed the officer in question.

Section 7. President. The President shall chair meetings of the Board and shall give active direction and have control of the business and affairs of the Corporation. He or she may sign any deeds, mortgages, bonds, contracts, or other instruments which the Board of Directors has authorized to be executed, except in cases where the signing and execution thereof shall be expressly delegated by the Board of Directors or by these Bylaws or by statute to some other officer or agent of the Corporation; and in general, he or she shall perform all duties incident to the office of President and such other duties as may be prescribed by the Board of Directors from time to time. **The President does not vote unless to break a tie.**

Section 8. President-elect. The President-elect shall perform the duties of President in his/her absence and such other duties as the Board may assign. The President-elect retains the right to vote as a Director until becoming President.

Section 9. Secretary. The Secretary shall keep an electronic record of the minutes of the meetings of the Board of Directors; see that all notices are duly given in accordance with the provisions of these Bylaws or as required by law; be custodian of the corporate records and of the seal, if any, of the Corporation; and in general, perform all duties incident to the office of Secretary and such other duties as may be assigned by the President or by the Board of Directors.

Section 10. Treasurer. The Treasurer shall have charge and custody of and be responsible for all funds and securities of the Corporation; receive and give receipts for money due and payable to the Corporation from any source whatsoever, and deposit all such moneys in the name of the Corporation in such banks, trust companies or other depositaries as shall be selected in accordance with the provisions of Article VII of these Bylaws; and in general, perform all the duties incident to the office of Treasurer and such other duties as from time to time may be assigned to him or her by the President or by the Board of Directors.