## NAPsaC Board of Directors Meeting Minutes\_approved September 22, 2019 May 19, 2019

#### 5:00 to 6:30 PM/Pacific Time/8:00 to 9:30 PM Eastern

Officers:

President – Robin Deutsch (APsaA)

Vice-President – Drew Tillotson (PINC)

Secretary – Caron Harrang (NPSI)

Treasurer – Sandra Borden (APsaA)

Directors:

Lee Jaffe (APsaA)

Louis Brunet (Canadian Psychoanalytic Society)

Paula Ellman and Janet Shaye (Contemporary Freudian Society)

Randi Wirth and Steve Ellman (Institute for Psychoanalytic Training and Research)

Kenichiro Okano (Japanese Psychoanalytic Society)

Tak Yoo Hong (Korean Psychoanalytic Society Study Group/non-voting)

Beth Kalish and Terry McBride (Los Angeles Institute and Society for Psychoanalytic Study)

Caron Harrang and Maxine Nelson (Northwestern Psychoanalytic Society and Institute)

Andrea Kahn and Leigh Tobias (Psychoanalytic Center of California)

Johanna Boyce (Vermont Study Group/non-voting)

Maureen Murphy and Drew Tillotson (Psychoanalytic Institute of Northern California)

Yu-hua Clare Lin (Taiwan Study Group/non-voting)

Absent: Johanna Boyce, Steve Ellman, Caron Harrang, Yu-hua Clare Lin, Terry McBride, Kenichiro Okano

#### I. Welcome: Robin Deutsch.

Robin noted that this is Louis Brunet's last Board meeting but that he will be staying on the Intra-Regional Task Force.

# II. February, 2019 Minutes: Maxine Nelson (Acting Recording Secretary in Caron's absence)

Paula Ellman noted that in the Minutes for the February, 2019 meeting, Appendix A, Item C, CFS is missing from the listing of the Independent Societies. The minutes were approved as amended by unanimous vote of the Board.

#### III. Treasurer's Report: Sandra Borden reporting.

Sandra reported that all dues for 2019 have been collected and that NAPsaC has \$10,200.09 in checking. She noted that NAPsaC lost 114 members from 2018, which translates to a loss of \$570 in dues revenue. There was some discussion of the reasons for the loss of revenue. Sandra reported that the \$5,100 bill for the eJournal as well as the \$1,230 bill for D&O insurance have been paid. She noted that the cost for D&O insurance may change as a result of NAPsaC having a permanent address in New York state, as the cost varies depending on the state in which an organization is located. Additionally, our subscription to Constant Contact had been cancelled for the time being, since it is not being used, at a savings of \$49/month.

Action: Sandra will send a list of organizations that lost members this past year to all Board

members.

# IV. Proposal to transition the Intraregional Collaboration Task Force to a permanent committee.

There was unanimous approval to convert the Intraregional Collaboration Task Force into a permanent committee, renamed the Intraregional Committee on Collaboration.

### V. Report from the Intraregional Collaboration Task Force Maureen reporting.

Maureen reported on the IRTF meeting, in which three issues had been discussed:

- 1. Board restructuring, with 7 members from APsaA, CIPS, and CPS. A question came up about how to include Japan, which is the only society in the Asian region that is a component IPA society. The task force recommended that Japan have 1 vote until there is an Asian Region and, if another Asian group becomes a direct society, this would increase, up to 7 votes.
- 2. An alternative model for restructuring, proposed by Lee Jaffe, which is based on the model used by the Psychoanalytic Consortium. (The Psychoanalytic Consortium is comprised of five psychoanalytic organizations: the American Academy of Psychodynamic Psychiatry and Psychoanalysis, the American Association for Psychoanalysis in Clinical Social Work, the American Psychoanalytic Association, the Confederation of Independent Psychoanalytic Societies, and the Society for Psychoanalysis and Psychodynamic Psychology: Division 39 of the American Psychological Association.) Under this model, NAPsaC's administrative expenses would be shared by the three organizations, with projects such as jointly sponsored programs paid for proportionally, based on membership within the organizations.
- 3. The feasibility of offering joint programs based on the resources at hand. The NAPsaC Program Committee, chaired by Randi Wirth, will be meeting with APsaA Program Chair Don Moss to plan a proposed joint spring meeting, tentatively scheduled for 2022. Another idea is to establish a NAPsaC Speaker's Bureau as a way to promote visibility amongst member societies. Under a proposed Speakers Bureau, NAPsaC Board members could present to different societies in their locality.

Action: The Intraregional Committee on Collaboration will present further thoughts on all three issues at the fall meeting.

# VI. NAPsaC-APsaA Conference Collaboration Task Force: Randi Wirth, Bill Glover and Robin Deutsch reporting.

The APsaA Council and Program Committee will discuss moving forward on a trial spring meeting in June, which would occur in June, 2022. Louis reported that CPS program committee liaison to both NAPsaC and APsaA is Meryl Elman. There was some discussion about why the proposed joint meeting would occur in June, rather than at the winter meetings. The joint meeting would be designed and coordinated through a collaboration between NAPsaC and APsaA and would take the place of APsaA's spring meeting, typically held in the 2<sup>nd</sup> week of June. All agreed that effective marketing and promotion would be essential.

### VII. Dues Task Force: Sandra Borden reporting.

Task Force members include Sandra Borden (Chair), Lee Jaffe, William Meyerson and Leigh Tobias. Sandra Borden summarized the group's understanding of the controversy within NAPsaC regarding increasing membership dues (currently \$5 per annually). Lee described the complicated process within APsaA for collecting dues, since many members of the 38 APsaA

societies aren't members of APsaA, thus don't pay APsaA dues. Lee also noted that at present, a change in dues requires a vote of the entire membership. A bylaw amendment (sent to all members) is pending to change that to a vote of the APsaA Executive Council (Board of Directors) for all 38 Societies.

Action: Lee will report on outcome of proposed bylaw change for APsaA at the next board meeting or as soon voting is completed.

Action: Sandy will send the NAPsaC budget to Board members to enhance awareness of NAPsaC's fixed expenses. Directors are asked to review this information in advance of the September board meeting where the budget will be discussed.

#### VIII. Communication Task Force: Drew Tillotson and Robin Deutsch reporting.

Drew reported on his work with Totera on website maintenance. Robin reported that an anonymous donor had given NAPsaC funds to create a calendar as part of the website. Support for this function will be maintained for 2 years. Drew also reported that ExCom would be developing a protocol for collecting and posting events to calendar.

Robin proposed the establishment of a Communication Task Force, whose mission would be exploring ways the website and related marketing (e.g. Constant Contact email flyers) can be used to enhance member-to-member and intersociety activities.

Action: Board members are encouraged to nominate members from their local societies who might be good on this kind of task force and to report to the Board in the fall.

IX. The meeting was adjourned at 6:20pm. The next Board meeting is Sunday, September 22, 2019 from 5:00 – 6:30 PM Pacific/8-9:30 pm Eastern.

Note: Unless otherwise arranged the Board meets on the 4<sup>th</sup> Sunday in January, April, June, September, and November. The February face-to-face meeting is held on the Saturday of APsaA's winter meeting in New York City. Exact dates for meetings in 2019 through the face-to-face in 2020 are as follows:

#### 2019:

February 9 face-to-face (NYC) April 28\* (rescheduled to May 19) June 23\* (canceled since the board met in May) Sept 22 Nov 24

2020:

Jan 26

Feb 15 face-to-face/NYC