

NAPsac Board of Directors Meeting

Zoom Video Conference

September 26 2021 5:00-6:30PM (PDT) 8:00- 9:30 (EDT)

Officers:

President: Mary Kay O'Neil (CPS)

President Elect: Leigh Tobias (PCC)

Secretary: Carolyn Steinberg (NPSI)

Treasurer: Sandra Borden (APsaA)

Directors:

Bill Glover and Kerry Sulkowicz (APsaA)

Paula Ellman and Andrea Greenman (Contemporary Freudian Society)

Sara Freke, Irwin Kleinman (Canadian Psychoanalytic Society)

Randi Wirth and Steve Ellman (Institute for Psychoanalytic Training and Research)

Kenichiro Okano (Japanese Psychoanalytic Society)

Jaehak Yu (Korean Psychoanalytic Study Group/non-voting)

Beth Kalish and Lisa Crilley (Los Angeles Institute and Society for Psychoanalytic Study)

Carolyn Steinberg and Julie Hendrickson Kneisl (Northwestern Psychoanalytic Society and Institute)

Andrea Kahn and Lee Herzog (Psychoanalytic Center of California)

Johanna Boyce (Vermont Study Group/non-voting)

Maureen Murphy and Drew Tillotson (Psychoanalytic Institute of Northern California)

Yu-hua Clare Lin (Taiwan Study Group/non-voting)

Absent P Ellman A Kahn, M Murphy, D Tillotson, K Okano, Y C Lin.

1. Minutes of June 27 2021 Board Meeting.

Reviewed and approved.

2. Treasurer's Report.

NAPsaC has a healthy account total of \$10,122.44, with expenses paid to date.

ACTION :Board Directors to enquire if their organizations wish earlier invoices for dues, as some have requested this.

3. President's report

Congratulations were sent to all members of North American IPA Reps. Congratulations given to Randi Wirth (Chair) and the Program Committee for the "Body to Body" event and encouragement to attend.

Thank you given to all NAPsaC members who participated in the APsaA meetings and the IPA Congress.

Contact with **Asian Board members** was encouraged. Our Japanese colleague has been in contact and hopes to work more closely with NAPsaC. Our Korean colleague attends regularly and reports that their study group will soon be a Society of the IPA. As yet, there has been no contact by our Taiwan member. The Asian groups will be encouraged to tell about their Societies and their programs.

A report of the September 18 **Regional Presidents' Meeting** (arranged by ApsaA and Chaired by NAPsaC President) was given and the important issues discussed were as follows: The attendance at the online IPA Congress was much larger and more than 50% of attendees were satisfied with online reception; The Cartagena Congress in July 2023 is being planned and may be both in person and online; President of the IPA raised three issues which are being studied and carried forward: 1. Governance; 2. remote analysis and training; 3. Prejudice and racism. The relationship between the IPA Committee and the Holmes Commission was queried as both groups focus on prejudice and racism. Each of the three regions gave a report. FEPAL has serious financial problems as 25% of membership are unable to pay and 15% pay partially. Their Sept. 2022 meeting will be held virtually. EPF reported that since vaccination, a number of analysts are practicing in their offices but training remains on line. Their next meeting will be held in Vienna, July, 2022, hopefully in person. NAPsaC's vice president emphasized our participation in the IPA and APsaA meetings and promoted "Body to Body" presentation. NAPsaC plans to work more closely with IPA, FEPAL and EPF. APsaA has new co-chairs for Public Information and a new Director of Communication. All Presidents agreed that governance, diversity, remote training and practice require further intense discussion.

Psychoanalysis Today' meeting will be held on Oct. 31.

4. Secretary's Report:

Follow up to action items from previous minutes were discussed. Logo of NAPsaC has been sent to Directors.

"Find an Analyst" had been removed from web site years ago.

Dates for upcoming meetings 2021-2022 were discussed. Typically, our meetings are the fourth Sunday of select months, with an in person meeting during APSA. Due to the uncertainty caused by Covid 19, APSA'S February meeting is changing format, and we may not be able to meet in person. It was decided to break with tradition and hold February's meeting on the fourth Sunday of February in line with other months.

Dates: Nov 28 2021, February 27 2022, April 24 2022, June 26 2022, Sept 25 2022, Nov 27 2022.

ACTION : Secretary to send out email to Directors asking them to inform us of their Society's participation in Constant Contact and send secretary list of Members and Analysts in Training if agreeable.

5. Relationships between NAPsaC, EPF, FEPAL and the IPA. The Board discussed when to have a NAPsaC meeting with the IPA ExCom and the North American Representatives. This has usually been held during the New York APsaA meetings but this will not be possible in 2022. There was also discussion as to when to invite reps to a NAPsaC Board meeting. Both meetings will be discussed further by our ExCom and dealt with at the next Board meeting in November.

6. Holmes Commission Update: NAPsaC supports the work of the Holmes Commission. APsaA formed and funded the Commission. NAPsaC's Independent members each decide on the nature their participation. Dr. Robert Northey, President of CPS will work with the Holmes Commission to decided on Canada's participation.

7. Intra-Regional Collaboration Committee Report
On hold

8. Program Committee Update: October 23 2021 Body to Body Presentation Flyer being distributed, and some registrations already received.

9. NAPsaC Directors were asked to prepare a short presentation on their organizations with the purpose of all Board members becoming familiar with our component Societies.

ACTION: ExCom to draw up a schedule.

10. Discussion of inclusion of IPSO in NAPsaC Meetings drew strong support.

ACTION: ExCom to follow up

SUMMARY OF ACTION ITEMS:

Directors of the Board to ask their organizations if they wish earlier invoices for NAPsaC dues.

Secretary to ask Directors if they wish to participate in NAPsaC Constant Contact

Excom to draw up a schedule of presentations at the Board meetings. Each component is asked to give a brief introduction of their Group/Society.

Excom to follow up with IPSO North American rep for interest in inclusion in our Board meetings.

Please note that NAPsaC Board meetings are recorded for the purpose of permitting our colleagues who cannot attend the meeting to keep up-to-date on Board activities. These recordings are not for distribution beyond Board Directors and officers and are deleted one month after the recording has been made.

ACTION: Glitch in Zoom Sept 26 2021 prevented recording meeting, so Secretary will write all Directors to advise them.

Note: Unless otherwise arranged the Board meets on 4th Sundays in January, April, June, September, and November from 5:00 - 6:30 pm Pacific Time. The February face-to-face meeting is typically held on the Saturday of APsaA's winter meeting in New York City. However, beginning April 2020 all board meetings are held by Zoom until further notice due to the pandemic. The February 2022 face to face meeting will not be held as planned due to change in APsaA's date and venue change.

List of Dates for 2021-2022 Board Meetings.

2021- 22 Board Meetings are as follows: Nov 28, February 27 2022, April 24, June 26