

NAPsaC Board of Directors Minutes
February 9, 2019
9:45 am-1:15 pm EST

Officers:

President – Robin Deutsch (APsaA)
Vice-President – Drew Tillotson (PINC)
Secretary – Caron Harrang (NPSI)
Treasurer – Sandra Borden (APsaA)

Directors:

Lee Jaffe (APsaA)
Louis Brunet (Canadian Psychoanalytic Society)
Paula Ellman and Janet Shaye (Contemporary Freudian Society)
Randi Wirth and Steve Ellman (Institute for Psychoanalytic Training and Research)
Kenichiro Okano (Japanese Psychoanalytic Society)
Tak Yoo Hong (Korean Psychoanalytic Society Study Group/non-voting)
Beth Kalish and Terry McBride (Los Angeles Institute and Society for Psychoanalytic Study)
Caron Harrang and Maxine Nelson (Northwestern Psychoanalytic Society and Institute)
Andrea Kahn and Leigh Tobias (Psychoanalytic Center of California)
Johanna Boyce (Vermont Study Group/non-voting)
Maureen Murphy and Drew Tillotson (Psychoanalytic Institute of Northern California)
Yu-hua Clare Lin (Taiwan Study Group/non-voting)

Guests: IPA Officers Virginia Ungar (President), Sergio Nick (Vice President), Andrew Brook (Treasurer), Paul Crake (Executive Director), Bill Glover (APsaA President-Elect), Andrea Greenman (CFS)

Absent: Beth Kalish, Yu-hua Clare Lin, Tak Yoo Hong, Terry McBride, Maxine Nelson, Kenichiro Okano, Janet Shaye

I. Welcome: Robin Deutsch reporting.

II. IPA Officers and Administrative Staff: Virginia Ungar, Sergio Nick, Andrew Brook, and Paul Crake reporting.

For some years IPA Officers have accepted NAPsaC's invitation to attend a portion of our annual face-to-face meeting in New York. This year IPA President Virginia Ungar outlined continuing major projects including representation on the IPA Board of Directors and reconsidering standards for admitting International New Groups (ING). Henk Jan Dalewijk chairs the Representation Committee. North American representatives on the committee are Harriet Wolfe (APsaA) and Arthur Leonoff (CPS). Agenda for this committee include how to support development of a 4th IPA region in Asia and how to equitably structure voting on the IPA Board given differences in dues payments from existing regions (EPF, FEPAL, NAPsaC, and eventually Asia). Countries included in the Asian region include Australia, China, India, Japan, Korea, and Taiwan. Dues payments are adjusted for countries experiencing hyperinflation (e.g. Argentina) or economic collapse (e.g. Venezuela). Treasurer Andrew Brook noted that 25% of IPA Component Societies require some amount of dues forgiveness.

New initiatives include:

- A focus on psychoanalysis in the community applied to legal, cultural, educational, healthcare and social justice settings. An award is being established to recognize and give support to members who are doing innovative work in this area;
- Support to analysts who relocate through a new committee called Psychoanalysts Emigration and Relocation Committee (PERC) chaired by Adriana Prenalder (NPSI);
- Strengthening relations with IPSO (<https://www.ipso.world>) by supporting Officers' travel to participate in collegial exchange with IPA Institutes and to attend biennial IPA Congresses.
- A Confidentiality Committee report will soon be sent to IPA members. This report is "a masterpiece" according to Virginia Ungar.
- Making the 2019 London Congress affordable by reducing registration for full members by two hundred dollars (\$499). IPSO members pay only \$200. Additionally, low cost lodging is available on a first come first served basis.

Anyone desiring to join a committee listed on the IPA website (<https://www.ipa.world/en/About/Committees.aspx?hkey=f353e570-1c28-4c54-b6e2-55012854c6c8>) may contact the chair. Committees are grouped under the categories: Development, Scientific, IPA in the Community, and Administration and Governance. Prerequisites include English fluency, some degree of computer savvy, and a willingness to engage in committee work.

III. November, 2018 Minutes: Caron Harrang reporting.

Minutes from the November 18, 2018 board meeting were approved as amended by unanimous vote of the Board.

IV. Treasurer's Report: Sandra Borden reporting.

Sandra reported that NAPsaC has \$6,128.16 in checking. We do not (yet) have a savings account or funds for allocating to this type of account. Dues letters will be sent next week to member organizations. Expected revenue is \$12,690. If checking falls below \$1,500 we incur a service fee of \$15/month. Our annual contribution to the eJournal will go down this year, although the exact amount is not yet known until we hear from the eJournal Board. Directors discussed ways to economize by canceling our monthly subscription to Constant Contact (email marketing software) for the time being. A motion was made and passed unanimously to effect this change.

Action: Sandra will cancel our Constant Contact account until we have additional revenue and establish a member email database. This service can be resumed at any time.

V. Current Business

1. Identifying a Program Committee Chair – Robin Deutsch reporting.

Randi Wirth (IPTAR) has accepted Robin Deutsch's invitation to chair the Program Committee comprised of Maureen Murphy (PINC), Leigh Tobias (PCC), Drew Tillotson (PINC), Johanna Boyce (Vermont Study Group), and Meryl Elman (CPS).

2. NAPsaC Task Force on Intra-Regional Collaboration – Maureen Murphy reporting.

Maureen Murphy (Chair), Johanna Boyce, Louis Brunet, Lee Jaffe, and Maxine Nelson.

Directors discussed task force recommendations for board restructuring (Appendix A). A motion was made to accept all recommendations and approved by unanimous vote of the Board. Since the Board will be significantly larger when reorganized, Directors discussed reducing alternates to one for APsaA, one for CPS, and one at-large for CIPS (to be appointed by CIPS).

Action: The Task will revise their report and present at the next Board meeting. A timeline for implementation is yet to be determined by the Board.

3. Website Functionality. Drew Tillotson reporting.

The redesigned NAPsaC website is now up and running thanks to Drew Tillotson's work with Webmaster Donna Winter at Toter Web Systems. Directors discussed the advantages of adding a calendar function where member organizations could post local society conferences as well as NAPsaC ExCom and Board of Directors meetings.

Action: Drew will obtain a cost estimate for this work from Toter and report at the next Board meeting.

4. NAPsaC Mission, Membership and Voting System—Louis Brunet and Randi Wirth reporting.

A motion was made to accept the following mission statement, criteria for membership of study groups and provisional societies, and clarified voting system (shown below). The motion carried by unanimous vote of the Board.

a. NAPsaC Mission:

NAPsaC has been created with the mission of expanding cooperation between the IPA psychoanalytic groups within the North American region, to better coordinate the professional activities and endeavors of North American IPA groups with those of the international psychoanalytic community, to promote awareness of psychoanalysis and its relevance to human problems, and to provide the public in North America with information about psychoanalytic treatment, including referrals to low-fee treatment centers and other referral services.

b. Recommendations for Study Groups and Provisional Societies membership:

In view of IPA policies, and of other regional organizations practices, we suggest that NAPsaC may "invite" Study Groups and Provisional Societies to join NAPsaC and that these groups:

- Be accepted as a non-voting "invited organization" rather than as a member organization.
- Be invited to attend scientific activities organized by NAPsaC.
- Be invited as an observer (one representative) to attend annual face-to-face Board meetings, unless a confidential or political topic would make their attendance inappropriate.
- Be listed as an "invited organization" (with non-voting status indicated at the bottom of the list on the website rather than a descriptor of each study group).
- That their status be revoked if it is revoked by the IPA.
- That they can become regular members when their IPA status becomes a Component Society.

c. NAPsaC Two-Tier Voting System

Note: This system is fixed.

First Tier: Each Director gets 1 vote, equaling 10 votes in all. A Simple Majority passes, which would be 6 votes.

Second Tier: Each organization gets a certain number of votes depending on the number of members represented. The total tally of votes is: 26. A two-thirds (2/3) Majority passes, which would be 18 votes.

- 1 vote for any society with up to 0-149 members;
- 2 votes for any society with 149-299 members;
- 3 votes for any society with 300-449 members;
- APsaA gets a number = to all other groups combined.

The allocation of votes per organization's number of members is as follows:

Canada	3
CFS	2
IPTAR	2
LAISPS	1
PCC	1
PINC	1
NPSI	1
JPS	1
Korea	1
(Study Groups do not vote)	
Total votes:	13
APsaA then gets:	13

In this system, Korea has one vote even though it is listed in other places as not having the right to vote. If we agree that only IPA components societies have the right to vote (excluding study groups and provisional societies) the new numbers for our 2 tiers voting system would be:
First Tier (Each Director gets 1 vote, equaling 9 votes in all. A Simple Majority passes, which would be 5 votes.

APsaA	1
Canada	1
CFS	1
IPTAR	1
LAISPS	1
PCC	1
PINC	1
NPSI	1
JPS	1

Second Tier: Each organization gets a certain number of votes depending on the number of members represented. The total tally of votes is: 24. A two-thirds (2/3) Majority passes, which would be 16 votes.

- 1 vote for any society with up to 0-149 members;
- 2 votes for any society with 149-299 members;
- 3 votes for any society with 300-449 members;

APsaA gets a number equal to all other groups combined.

The allocation of votes per organization's number of members is as follows:

Canada	3
CFS	2
IPTAR	2
LAISPS	1
PCC	1
PINC	1
NPSI	1
JPS	1

Total votes: 12

APsaA then gets: 12

Action: Louis will incorporate the approved recommendations into the current Bylaws and submit to Robin Deutsch by September 2019. He will complete his term on the Board in June 2019 but has agree to compete this task.

5. NAPsaC-APsaA Conference. Robin Deutsch and Randi Wirth reporting. New Program Committee chair Randi Wirth, Robin Deutsch, and APsaA President-Elect Bill Glover discussed the proposal for NAPsaC and APsaA to co-sponsor a spring/summer conference. The conference program would be developed by both organizations. APsaA would underwrite and staff the conference and registration revenue. A motion was made to form a task force to explore what it would take to implement this vision and was passed by unanimous vote of the Board.

Action: Robin Deutsch, Randi Wirth, Bill Glover and Don Moss (Chair, APsaA Program Committee) or his designee will serve on the Task Force.

6. *Psychoanalysis Today* (eJournal) Report. Robin Deutsch reporting.

Robin reported that financing this initiative has been challenging for regional organizations. The eJournal Board has voted for a temporary reduction of their budget from 100,000 per year to \$65,000. Each region (EPF, FEPAL, NAPsaC) plus the IPA will contribute 25% or \$16,250 in 2019. The agreement within NAPsaC is that APsaA pays 2/3 of our share while 1/3 comes from NAPsaC's budget. While this provides some relief, it is still burdensome since revenue dues revenue (\$5/member annually) is meager.

Face Book analytics shows that during the period from September 2018 through January 2019 *Psychoanalysis Today* had 4,600 viewers. Viewership is growing, albeit slowly. Intended viewers are analysts and the general public, particularly younger viewers who read most of their news online.

Directors discussed whether it makes sense to invest so much in a publication to promote psychoanalysis generally when our members are still largely unaware of the benefits of belonging to NAPsaC. A suggestion was made that NAPsaC could assume 100% of the contribution to *Psychoanalysis Today* if our dues were increased from \$5 to \$15 per year. This would be fairer to APsaA which, although a member of NAPsaC, has up to now shouldered a majority of the bill for our region.

Directors proposed forming a Dues Task Force chaired by NAPsaC Treasurer Sandra Borden to

evaluate our dues structure and make recommendations regarding an increase and whether we should continue funding *Psychoanalysis Today*. APsaA Treasurer Bill Myerson will be invited to join and serve with Lee Jaffe and Leigh Tobias who volunteered at this meeting.

Action: The Dues Task Force will convene and report back with recommendations at a future board meeting.

7. NAPsaC ExCom and Board meeting schedule. Robin Deutsch reporting.

Robin reported that NAPsaC ExCom has moved from quarterly to monthly meetings beginning in December 2018 to promote organizational development. ExCom is recommending that the Board increase meetings from quarterly to five or six times yearly. Time did not allow for finalizing a schedule for the remainder of 2019. A proposed meeting schedule will avoid conflicting with CIPS Board meetings scheduled on the 3rd Sunday (5:00 to 6:30 pm Pacific Time).

VII. The ExCom (Robin Deutsch, Drew Tillotson, Caron Harrang, Sandra Borden) will develop a 2019 Board meeting schedule and sent to Directors after their next meeting on Saturday, March 9, 2019 (9:00 to 10:00 am).

Appendix A

Intra-Regional Task Force Recommendations on Board Restructuring (Maureen Murphy, Chair)

February 9, 2019

At the recommendation of the IRTF, the NAPsaC Board began discussions to consider restructuring that would allow for equal representation (number of directors) from APsaA, CIPS and CPS**. In the course of those discussions, it became clear that the organizational structures of the three groups are very different. With these differences in mind, the IRTF recommends three actions that will move toward balancing a voice on the Board while preserving affiliation by all groups.

- a. Revise NAPsaC Bylaws for the term of President from four years to two years. This will facilitate member organizations feeling more ownership of leadership.
- b. Revise the Bylaws so that the presidency rotates among the three organizations rather than the current system of rotation among all the society members—that is, every two years, the president to be chosen by either APsaA, CPS or CIPS. In this way, leadership will have a full rotation cycle every six years rather than the current 32-year cycle. (Secretary's note: If we want to move toward election by members rather than appointment by the Board, this will involve creating a member database and system for voting as well as administrative support.)
- c. Expand Board membership to include seven (7) representatives each from APsaA and CPS as well as a representative from each of the Independent societies. While recognizing that this would be a large Board (at present if everyone attends a Board meeting there would be 20 attendees including Japan, Korea and Vermont), it would facilitate more involvement from both APsaA and CPS while preserving involvement of the Independent societies (CFS, IPTAR, LAISPS, NPSI, PCC, PINC).

d. Revise NAPsaC Bylaws requiring societies to appoint representatives for a two-year term, eligible for reelection, to help stabilize the Board.

e. The President represents NAPsaC at other regional meetings unless the President currently serves as the President of APsaA, CIPS, or CPS.

** Representation from Japan as well as Provisional Societies and Study Groups remains to be determined.