

**Board of Directors Meeting Minutes\_approved February 6, 2021**  
**Zoom Videoconference**  
**November 22, 2020**  
**5:00 to 6:30 PM Pacific Time**

Officers:

President – Robin Deutsch (APsaA)  
President-elect – Mary Kay O’Neil (CPS)  
Vice-President – Drew Tillotson (PINC)  
Secretary – Caron Harrang (NPSI)  
Secretary-elect – Carolyn Steinberg (NPSI)  
Treasurer – Sandra Borden (APsaA)

Directors (Primary Director listed first, Alternate second):

Bill Glover and Kerry Sulkowicz (APsaA)  
Paula Ellman and Andrea Greenman (Contemporary Freudian Society)  
Mary Kay O’Neil and Sara Freke (Canadian Psychoanalytic Society)  
Randi Wirth and Steve Ellman (Institute for Psychoanalytic Training and Research)  
Kenichiro Okano (Japanese Psychoanalytic Society)  
Jaehak Yu (Korean Psychoanalytic Study Group/non-voting)  
Beth Kalish and Lisa Crilley (Los Angeles Institute and Society for Psychoanalytic Study)  
Caron Harrang and Carolyn Steinberg (Northwestern Psychoanalytic Society and Institute)  
Leigh Tobias and Andrea Kahn (Psychoanalytic Center of California)  
Johanna Boyce (Vermont Study Group/non-voting)  
Maureen Murphy and Drew Tillotson (Psychoanalytic Institute of Northern California)  
Yu-hua Clare Lin (Taiwan Study Group/non-voting)

Absent: Steve Ellman, Yu-hua Clare Lin, Kenichiro Okano, Kerry Sulkowicz

**I. Welcome: Robin Deutsch.**

Robin welcomed everyone to this Zoom meeting. Changes to the board include Carolyn Steinberg as the new alternate Director from Seattle (NPSI) and Jaehak Yu who is the new primary Director from Korea (KPSG).

**II. September 27, 2020 Meeting Minutes: Caron Harrang reporting.**

The minutes were approved as presented by unanimous vote of the Board.

**Action:** Approved minutes will be sent to directors for dissemination to local society members and posted on the NAPsaC website: <https://napsac.info/event-calendar>

**III. Treasurer’s Report: Sandra Borden reporting.**

The balance in our checking account as of today is \$7,534.67.

#### **IV. Old Business**

**A. Ratification of Board Restructuring: Robin Deutsch and Caron Harrang reporting.**  
Intraregional Collaboration Committee: Johanna Boyce, Louis Brunet, Bill Glover, Maureen Murphy (Chair), Maxine Nelson.

Robin Deutsch asked for a roll call vote of member organizations' approval of the board restructuring proposal developed over the past year and described in the September 2020 Board Meeting Minutes (Appendix A). The vote was unanimous (shown below). The organization is now an organization of member psychoanalytic societies in the North American region. Asian societies and study groups will remain part of NAPsaC until the IPA forms a fourth region with our Asian colleagues.

American Psychoanalytic Society (APsaA): approved.

Canadian Psychoanalytic Society (CPS): approved.

Contemporary Freudian Society (CFS): approved.

Institute for Psychoanalytic Training and Research (IPTAR): approved.

Japan Psychoanalytic Society (JPS): approved.

Los Angeles Institute and Society for Psychoanalytic Studies (LAISPS): approved.

Northwestern Psychoanalytic Society and Institute (NPSI): approved.

Psychoanalytic Institute of Northern California (PINC): approved.

Psychoanalytic Center of California (PCC): approved.

#### **B. Implementation of Board Restructuring: Budget. Sandra Borden reporting.**

Directors discussed changes to how dues will be collected. Sandra Borden indicated dues will be collected from member organizations based on the percentage of members to the total NAPsaC membership. Directors will report the current number of members in their local society or association each year by February 1<sup>st</sup>. The Treasurer will use these figures to calculate the amount due from each member organization for that calendar year.

Based on past revenue and expenses, the budget for 2021 is approximately \$20,000 and will be increased by 2% each year. Anything outside the budget (e.g. new initiatives) will need to be approved by the board and paid for by member organizations using the formula described above.

**Action:** Sandra Borden will send a reminder email to Directors to submit membership data in January 2021. She will use these figures to prepare a budget for 2021 including proposing a line item for reserve funds. The proposed budget will be reviewed by the Interregional Collaboration Committee (ICC) before being presented for approval by the board at the annual meeting in February 2021.

#### **C. Implementation of Board Restructuring: Bylaws and Board Policies and Procedures Manual. Caron Harrang reporting.**

Caron Harrang discussed the need for integrating the new board structure into our bylaws and policies and procedures manual. She will work with Secretary-elect Carolyn Steinberg to update both documents before the next board meeting. Changes include sunsetting the Vice President position and creating a President-elect position.

**Action:** Revised bylaws and policies and procedures will be reviewed by ExCom in January 2021 and approved at the next board meeting in February 2021.

**D. Program Committee Update. Randi Wirth and Robin Deutsch reporting.**

Program Committee: Johanna Boyce, Merle Elman, Maureen Murphy, Drew Tillotson, Leigh Tobias, Randi Wirth (Chair).

**1. APsaA 2021 Winter Meeting: “NAPsaC Clinical Experience” on Sunday, February 28, 2021, 2:00 to 4:00 pm Eastern Time (Zoom).**

Panelists: Michael J. Diamond (LAISPS), Cordelia Schmidt-Hellerau (APsaA), Martin Gauthier (CPS)

Moderator: Drew Tillotson

Host: Leigh Tobias

Reader: Andrea Kahn

**Description:**

Using anonymous verbatim clinical material, a panel of analysts from the IPA North American region and attendees together hear an hour(s) for the first time, then associate to the material as freely as possible. A reader (not the treating analyst) reads the material out loud. First the panelists respond, then the audience is invited to respond. The goal is to form a working group to observe how the mind of an analyst works in “real time,” as close to an actual session as possible. The function of the workshop is to provide an opportunity for a clinical discussion among colleagues with a diversity of theoretical viewpoints, in an atmosphere free of any supervisory dynamics. This workshop is targeted towards seasoned analytic clinicians.

**2. “Meet the Candidates” on March 6, 2021, (Go to Webinar).**

NAPsaC ExCom is organizing an online event giving member organization psychoanalysts and analysts-in-training a chance to meet candidates running for a seat on the IPA Board from North America (7 open seats).

**Action:** ExCom will invite candidates running for a seat on the IPA Board from North America. Robin Deutsch will find out if IPA support includes marketing and registration for this event. In addition, NAPsaC will develop a Save the Date flyer for the event sent to Directors to distribute to their local organization members and candidates.

**E. Korean Psychoanalytic Study Group (KPSG/non-voting) Update. Jaehak Yu reporting.**

New Director Jaehak Yu summarized the status of his local organization study group and invited comments from Directors. He is also the current President of KPSG (November 2020 – December 2022). It was also noted that Randi Wirth (IPTAR) is a member of the IPA Site Committee facilitating KPSG’s development toward component society status. A fourth cohort of candidates is presently in training. However, until recently KPSG accepted only MDs for training, violating the IPA’s current non-discrimination policy requiring that psychoanalytic training be open to other qualified mental health treatment providers. How this situation developed legally, professionally, and culturally are complex and not easy to resolve. Participating in NAPsaC is one avenue of exploring this complexity allowing for greater understanding and further growth.

**Action:** Mary Kay O’Neil will make time in an upcoming board meeting (e.g. April 2021) for Jaehak to give a further report explicating social, cultural, and legal factors that affect KPSG’s efforts to meet IPA standards necessary for achieving component society status.

**V. The meeting was adjourned at 6:30 pm. The next Board meeting is Saturday, February 6, 2021 from 8 to 11 am Pacific Time by Zoom.**

Note: Unless otherwise arranged the Board meets on 4<sup>th</sup> Sundays in January, April, June, September, and November from 5:00 - 6:30 pm Pacific Time. The February face-to-face meeting is typically held on the Saturday of APsaA’s winter meeting in New York City. However, beginning April 2020 all board meetings are held by Zoom until further notice to the pandemic.

Dates for 2021 are as follows:

January – canceled due to proximity to February meeting

February 6 (8 am to 11:00 am Pacific Time)

April 25

June 27

Sept 26

Nov 28