

NAPsaC Board of Directors Meeting Minutes_approved January 26, 2020
November 24, 2019
5:00 to 6:30 PM/Pacific Time/8:00 to 9:30 PM Eastern

Officers:

President – Robin Deutsch (APsaA)
Vice-President – Drew Tillotson (PINC)
Secretary – Caron Harrang (NPSI)
Treasurer – Sandra Borden (APsaA)

Directors:

Bill Glover and Lee Jaffe (APsaA)
Paula Ellman and Janet Shaye (Contemporary Freudian Society)
Mary Kay O’Neil and Sara Freke (Canadian Psychoanalytic Society)
Randi Wirth and Steve Ellman (Institute for Psychoanalytic Training and Research)
Kenichiro Okano (Japanese Psychoanalytic Society)
Tak Yoo Hong (Korean Psychoanalytic Society Study Group/non-voting)
Beth Kalish and Terry McBride (Los Angeles Institute and Society for Psychoanalytic Study)
Caron Harrang and Maxine Nelson (Northwestern Psychoanalytic Society and Institute)
Andrea Kahn and Leigh Tobias (Psychoanalytic Center of California)
Johanna Boyce (Vermont Study Group/non-voting)
Maureen Murphy and Drew Tillotson (Psychoanalytic Institute of Northern California)
Yu-hua Clare Lin (Taiwan Study Group/non-voting)

Absent: Steve Ellman, Paula Ellman, Tak Yoo Hong, Andrea Kahn, Yu-hua Clare Lin, Terry McBride, Maureen Murphy, Kenichiro Okano, Randi Wirth

I. Welcome: Robin Deutsch.

Robin welcomed new board members Sara Freke (Canadian Psychoanalytic Society).

II. September 2019 Minutes: Caron Harrang reporting.

The minutes were approved as amended by unanimous vote of the Board.

Action: Approved minutes are sent to directors for dissemination to local society members and posted on the NAPsaC website: <https://napsac.info/event-calendar>

III. ExCom Report: Robin Deutsch reporting.

Robin reported that ExCom discussed our budget and approved hiring a part-time Administrator on a 4 hours per month basis at \$25/hour (\$1,200 per calendar year).

Action: Robin will pursue interviewing an individual identified as a possible Administrator and report to the Board in January, 2020.

IV. Treasurer’s Report: Sandra Borden reporting.

The balance in our checking account as of November 24, 2019 is \$ \$8,830.89. After expenses, our end of year balance should be approximately \$7,500. We have a modest

credit balance due to eJournal expense being reduced in 2019 and not having spent all that we previously budgeted for website maintenance.

V. Old Business

a. Website Update: Drew Tillotson reporting.

Donna Winter (Totera Web Systems) has been steadily updating biographical information for the Board Member Roster. Individuals still needing to submit biographical information to Drew include: Yu-hua Clare Lin, Tak Yoo Hong, Kenichiro Okano, Steve Ellman, Bill Glover, Beth Kalish, Terry McBride, and Maureen Murphy.

Action: Directors will submit biographical information and a JPG head shot based on the template included in supporting documents for this meeting.

Directors discussed the need for corrections to the website for small detail inaccuracies.

Action: Directors are asked to review the website (<https://napsac.info>) and submit corrections to Drew Tillotson at cogster@earthlink.net prior to the next board meeting.

VI. New Business

a. Intraregional Collaboration Committee: Maureen Murphy (Chair) reporting.

Maureen reported on discussion on her committee's proposal to restructure NAPsaC to an organization of organizations (APsaA, CIPS, CPS) model (Appendix A) from its current structure as a membership organization.

- How would this work? Presently each Independent Society (part of CIPS) has a Director and an Alternate Director. APsaA has a Director and an Alternate Director as does the Canadian Psychoanalytic Society. If we move to an organization model each member organization (APsaA, CIPS, CPS) will have 7 Directors on the Board. Japan, in theory could have 7 Directors. However, since they do not participate on the Board, it would remain 1 Director for now.
- How would member organizations support NAPsaC? In lieu of individual member's dues, each organizational body would contribute to the financial functioning of NAPsaC. Representation on the NAPsaC Board would be determined by each constituent organization. Joint projects (website, etc.) would be funded by assessments directly to all three organizations, and special projects that would be decided and funded on a case-by-case basis (to be determined).
- How would NAPsaC function differently under this model? Lee Jaffe (current President of APsaA and Primary Director to NAPsaC) suggested it would be easier for APsaA's Board to support NAPsaC with line item expenses in their budget since they do not assess individual members for NAPsaC dues (as do some of the Independent Societies). Under the organizations model, NAPsaC would submit an annual operating expense budget to APsaA, CIPS, CPS and Japan for proportional contributions from each organization based on dues paying membership.
- How would special projects (to be defined) be funded? If the Board proposed to sponsor a specific project (e.g. NAPsaC Clinical Exercise), Directors from each organization (APsaA, CIPS, CPS) would need to consult their membership for approval of particular expense items. If a proposal was not approved by one of the groups the project would not go forward.
- How would the organizational model support psychoanalytic identity amongst individual

candidate and full members in North America? This question was discussed but not resolved. It was clarified that projects, such as creating a Member Roster on the website and other benefits for individual members were not in conflict with the proposed model.

Action: The Intraregional Collaboration Committee will meet and return in January with a specific proposal about how to we can go forward with this model.

b. NAPsaC Board Policies and Procedures Manual Caron Harrang and Leigh Tobias reporting.

Caron and Leigh reported on their work in the past two months to revise and update the NAPsaC Board Policies and Procedures Manual approved by ExCom at their October 20, 2019 meeting. Directors review of the manual allowed the Board to clarify that the although current Bylaws state that the President's term of office is 2 years with an option of a second term, the Board would like to move to a single 2-year term and add President-elect as a Board Officer. This would stabilize leadership succession and obviate the need for a Vice President Officer. ExCom (President, Vice President, Secretary, Treasurer) is recommending that the position of President-elect begin at the February 2021 Board meeting.

Rotation amongst the organizations was also discussed. Currently, it is by acronym (APsaA, CIPS, CPS). However, it was noted that Canada has not held the Presidency (formerly Chair) since 2005. Changing the order to APsaA, Canadian Psychoanalytic Society, CIPS was unanimously supported.

Action: ExCom will draft a proposal for Bylaws changes to allow for adding a President-elect position and the deleting Vice President position; and changing Terms of Office from 2 years with an optional second term to 2 years (only). The proposal will be presented to the Board in January, 2020.

VII. The meeting was adjourned at 6:30 pm. The next Board meeting is Sunday, January 26, 2019 from 5:00 – 6:30 PM Pacific/8-9:30 pm Eastern.

Note: Unless otherwise arranged the Board meets on the 4th Sunday in January, April, June, September, and November. The February face-to-face meeting is held on the Saturday of APsaA's winter meeting in New York City. Exact dates for meetings in 2019 through the face-to-face in 2020 are as follows:

2020:

January 26

Feb 15 face-to-face/NYC (9:45 am to 1:15 pm)

April 26

June 28

September 27

November 22

Appendix A

The North American Psychoanalytic Confederation Organizational Proposal

Maureen Murphy, Chair

November 17, 2019 draft

The NAPsaC Intra-regional Collaboration Committee proposes a structure whereby NAPsaC will be a coalition of membership organizations of the International Psychoanalytic Association, rather than being another membership organization. As such, NAPsaC would consist of representatives of the American Psychoanalytic Association or APsaA, the Canadian Psychoanalytic Society or CPS, and the Independent IPA Psychoanalytic Societies in the United States or CIPS.¹ Recognizing that our constituent associations differ organizationally from one another, we would seek to foster cooperation between organizations while avoiding any interference with their autonomy or internal functioning.

Thus, the mission of NAPsaC would be for the purposes of expanding cooperation between the psychoanalytic groups within the North American region, to better coordinate the professional activities and endeavors of North American IPA groups with those of the international psychoanalytic community, to promote awareness of psychoanalysis and its relevance to human problems, and to provide the public in North America with information about psychoanalytic treatment, including referrals to low-fee treatment centers and other referral services.

In lieu of individual member's dues, each organizational body would contribute to the financial functioning of NAPsaC. Representation on the NAPsaC Board would be determined by each constituent organization. Joint projects (website etc.) would be funded by assessments directly to all three organizations, and special projects that would be decided and funded on a case-by-case basis (to be determined).

Given that NAPsaC represents psychoanalysts who may already belong to four membership organizations (local, professional, national and international), this proposal aims to foster cooperation between North American IPA societies without the cost, complications and potential resistance to having potentially a fifth membership organization.

We propose that this model be adopted for a given period of time-2-3 years.

The actual structure and bylaws of this proposed re-organization, if adopted, are to be determined by the current Board.

¹ Until there is a regional association for Asia, the Korean Psychoanalytic Society, the Japanese Psychoanalytic Society and the Taiwanese Psychoanalytic Society will be part of NAPsaC. IPA Study Groups will have a continued presence as non-voting, invited member groups.

In lieu of individual member's dues, each organizational body would contribute to the financial functioning of NAPsaC (the details to be determined), so we recommend any discussion of dues be deferred until this proposal is considered. Representation on the NAPsaC Board would be determined by each constituent organization. Joint projects (website etc.) would be funded by assessments directly to all three organizations, and special projects that would be decided and funded on a case-by-case basis (to be determined).

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