NAPsaC Board of Directors Meeting Minutes_approved November 24, 2019 September 22, 2019 5:00 to 6:30 PM/Pacific Time/8:00 to 9:30 PM Eastern

Officers: President – Robin Deutsch (APsaA) Vice-President – Drew Tillotson (PINC) Secretary – Caron Harrang (NPSI) Treasurer – Sandra Borden (APsaA)

Directors:

Bill Glover and Lee Jaffe (APsaA)
Paula Ellman and Janet Shaye (Contemporary Freudian Society)
Mary Kay O'Neil and Sara Freke (Canadian Psychoanalytic Society)
Randi Wirth and Steve Ellman (Institute for Psychoanalytic Training and Research)
Kenichiro Okano (Japanese Psychoanalytic Society)
Tak Yoo Hong (Korean Psychoanalytic Society Study Group/non-voting)
Beth Kalish and Terry McBride (Los Angeles Institute and Society for Psychoanalytic Study)
Caron Harrang and Maxine Nelson (Northwestern Psychoanalytic Society and Institute)
Andrea Kahn and Leigh Tobias (Psychoanalytic Center of California)
Johanna Boyce (Vermont Study Group/non-voting)
Maureen Murphy and Drew Tillotson (Psychoanalytic Institute of Northern California)
Yu-hua Clare Lin (Taiwan Study Group/non-voting)

Absent: Steve Ellman, Paula Ellman, Yu-hua Clare Lin, Tak Yoo Hong, Terry McBride, Maureen Murphy, Kenichiro Okano

I. Welcome: Robin Deutsch.

Robin welcomed new board members Mary Kay O'Neil (CPS) and Janet Shaye (CFS/Washington, DC).

II. May, 2019 Minutes: Caron Harrang reporting.

The minutes were approved as amended by unanimous vote of the Board.

Action: Approved minutes are sent to directors for dissemination to local society members and posted on the NAPsaC website: <u>https://napsac.info/event-calendar</u>

III. ExCom Report: All officers reporting.

Robin reported on recent Executive Committee meetings and a sense that the board is encountering significant challenges related to the intersection of several simultaneous undertakings. First, discussions about restructuring the board and a proposal being developed by the Intraregional Committee on Collaboration (Maureen Murphy, Chair). Second, difficulties envisioning how to raise additional revenue that would allow us to become better known and more relevant to our members. Third, long overdue revision of the Board Policies and Procedures Manual needed to provide greater clarity regarding procedures for leadership succession and programmatic development. Fourth, the lack of administrative support to the Executive Committee and committees of the board puts a strain on officers' and directors' productivity. NAPsaC needs to find low cost ways to foster greater engagement with members to become better known as a regional organization on par with EPF in Europe and FEPAL in Latin America. Recommendations include focusing on infrastructure development (updating and revising policies and procedures and development of a membership database) as well as identifying regional issues of concern to all of our members not currently met through membership in local societies. How to do this on a small budget requires creative and collaborative thinking on the part of the entire board.

Action: Past Secretary Leigh Tobias and current Secretary Caron Harrang are revising the Board Policies and Procedures Manual and will submit it to the board for review upon completion.

IV. Treasurer's Report: Sandra Borden reporting.

The balance in our checking account as of September 22, 2019 is \$10,657.09. After expenses, our end of year balance should be approximately \$4,500. Sandra clarified for new directors on the board that our fiscal year is January 1 to December 31. Dues (\$5/per member) are collected annually in February. Annual dues, currently our only source of revenue is approximately \$12,500. There has been one anonymous charitable donation earmarked for development of the website calendar of \$576 thus far in 2019.

Action: Sandra will resend a report showing dues collection per member organization and the number of members per local society/organization to all Board members.

V. Old Business

a. Website update. Drew Tillotson reporting.

Drew reported that work is finished on the initial redesign of the website and directors can now update their bios to increase visibility and accessibility. Administrative support is still needed to help collect data from member societies and serve as liaison with the Webmaster to make the calendar function fully operational.

Action: Drew will send an email with a link for viewing Board of Directors page and contact email for NAPsaC Webmaster Donna Winter. Directors are encouraged to view Secretary Caron Harrang's biographical information for an example of how to complete their bios.

Action: Directors are asked to inquire of their local society membership for names of qualified individuals for a 1-2 hour per week administrative position. Secretary Caron Harrang will send a previously developed task list for the position. Salary is anticipated in the \$24-25/hour range.

b. Speaker's Bureau update. Robin Deutsch reporting.

Directors discussed the role of a director or member to serve as Chair of a Speaker's Bureau. The Chair would serve as contact person for NAPsaC and represent the interests of psychoanalysts in North America. For example, if the news media is seeking expertise on the effects of family separation related to immigration policies and procedures or expertise on the topic of hate crimes and domestic terrorism or anxieties in youth related to climate change (to mention only a few) a speaker's bureau might serve as a link between our members and news media and other organizations interested in psychoanalytic perspectives on social issues.

Action: Robin will reach out to one of our members, Luis Alejandro Nagy, to see if he has an interest in helping us form a NAPsaC Speaker's Bureau and develop its mission.

c. NAPsaC-APsaA Conference update. Robin Deutsch reporting.

Robin asserted that this project needs to be put on hold until the organization is on firmer ground in terms of infrastructure (board restructuring, revision of policies and procedures, dues structure). It is possible this ambitious project may still go forward when the time is right. Directors agreed that until the organization is more developed this project is impracticable.

VI. New Business

a. CIPS/NAPsaC Clinical Conference co-sponsorship. Robin Deutsch, Randi Wirth, and Drew Tillotson reporting.

Robin reported that ExCom discussed co-sponsorship of the May 2019 CIPS/NAPsaC Clinical Conference and recommends contributing \$1,000 (approximately a quarter of our remaining funds for the fiscal year). Randi Wirth, who chaired the organizing committee for the conference and Drew Tillotson who chaired the Program Committee during the conference planning timeframe acknowledged that an amount for co-sponsorship was never formalized. Expenses for the co-sponsored conference have gone up as a result of honoraria and travel expenses paid to Friday evening panelists in hopes of attracting a wider audience. At the same time NAPsaC has needed to honor its commitment to pay for the eJournal which has absorbed a significant portion of its revenue, limiting collaborative engagement with member groups such as CIPS. After discussion, a motion was made to contribute the ExCom recommended amount. A second motion to contribute an additional amount if additional funds are available at the end of the year was tabled until November.

Action: Randi Wirth (Chair, CIPS/NAPsaC Clinical Conference Organizing Committee) will submit an invoice in the amount of \$1,000 to NAPsaC Treasurer for payment upon receipt.

b. Membership Database Development. Robin Deutsch reporting.

Discussion was introduced for development of a NAPsaC database (e.g. member roster) that would facilitate awareness of who we are as a membership organization and facilitate referrals and networking amongst members. Robin suggested a task force be formed to further develop policies and procedures for use of member data as well as how this information might be collected while respecting individuals' privacy and making participation voluntary. Owing to the limits of time further discussion of this adjourned until November. Directors are asked to consider who might be willing to chair and serve on this committee.

VII. The meeting was adjourned at 6:30 pm. The next Board meeting is Sunday, November 24, 2019 from 5:00 – 6:30 PM Pacific/8-9:30 pm Eastern.

Note: Unless otherwise arranged the Board meets on the 4th Sunday in January, April, June, September, and November. The February face-to-face meeting is held on the Saturday of APsaA's winter meeting in New York City. Exact dates for meetings in 2019 through the face-to-face in 2020 are as follows:

2019: February 9 face-to-face (NYC) April 28* (rescheduled to May 19) June 23* (canceled since the board met in May) Sept 22 Nov 24 2020: Jan 26 Feb 15 face-to-face/NYC (9:45 am to 1:15 pm)